Profiles 2012 - Selected Topics

Iowa Secondary Schools

The **School Health Profiles (Profiles)** is a system of surveys assessing school health policies and practices in states, territories, and large urban school districts. Profiles surveys are conducted biennially among representative samples of middle and high school principals and lead health education teachers.

Health Education	Among States* Median	Among States* Range	Iowa %	Iowa CI †
Percentage of schools in which those who teach health education were provided with key materials for teaching health education	48.6	(25.0 – 70.1)	**40.1**	**(36.0 – 44.4)**
Percentage of schools with a health education curriculum that addresses all 8 national standards for health education	61.5	(30.8 – 83.9)	**58.4**	**(53.5 – 63.1)**
Percentage of schools that required students to take 2 or more health education courses	48.8	(11.7 – 89.4)	**52.0**	**(47.1 – 56.9)**
Among schools that required a health education course, percentage that required students who fail the course to repeat it	62.2	(15.1 – 79.4)	**62.2**	**(56.8 – 67.3)**
Percentage of schools in which the lead health education teacher had professional preparation in health education or in health and physical education combined	59.4	(16.5 – 88.2)	**51.1**	**(45.7 – 56.4)**
Asthma				
Percentage of schools that have ever used the School Health Index or other self-assessment tool to assess their asthma policies, activities, and programs	26.7	(10.1 – 54.1)	**10.1**	**(7.6 – 13.3)**
Percentage of schools that had an asthma action plan on file for all students with known asthma	61.0	(30.8 – 85.5)	**50.5**	**(46.3 – 54.7)**
Percentage of schools that implemented a policy permitting students to carry and self-administer asthma medications by communicating the policy to students, parents, and families, and by designating an individual responsible for implementing the policy	53.5	(20.6 – 70.9)	**49.7**	**(44.8 – 54.6)**
Percentage of schools that required all school staff members receive annual training on recognizing and responding to severe asthma symptoms	35.7	(6.9 – 69.4)	**22.7**	**(18.9 – 26.9)**
Percentage of schools with a full-time registered nurse who provides health services to students at school	44.0	(4.5 – 99.0)	**44.0**	**(39.9 – 48.3)**
Percentage of schools that identified students with poorly controlled asthma by keeping track of them in at least 3 different ways	52.7	(18.2 – 70.7)	**47.7**	**(42.8 – 52.7)**
Percentage of schools that provided intensive case management for students with poorly controlled asthma at school	26.9	(7.5 – 50.9)	**22.1**	**(18.4 – 26.2)**
Percentage of schools that provided parents and families with health information to increase parent and family knowledge of asthma	16.2	(9.0 – 38.1)	**9.9**	**(7.5 – 13.1)**

*Among the 43 (for teacher survey) or 45 (for principal survey) participating states with weighted survey results.

† 95% confidence interval.

Where can I get more information? Visit www.cdc.gov/healthyyouth or call 800 CDC INFO (800 232 4636).

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School Health Coordination	Among States* Median	Among States* Range	Iowa %	Iowa CI †
Percentage of schools that had a school health council, committee, or team that offers guidance on the development of policies or coordinates activities on health topics	57.2	(32.2 – 78.0)	**57.1**	**(52.6 – 61.5)**
Percentage of schools that have a school health council, committee, or team with representation from 6 or more groups	35.4	(17.4 – 65.1)	**41.7**	**(37.2 – 46.5)**
Percentage of schools that include at least 1 health and safety objective in their school improvement plan and have completed a self-assessment of school health policies and practices and have reviewed health and safety data during the past year as part of their school improvement planning process	23.4	(11.1 – 50.7)	**23.3**	**(19.7 – 27.4)**
Percentage of schools that have a school health team that performs 5 actions to help plan and implement school health programs	16.7	(8.2 – 32.7)	**11.9**	**(9.1 – 15.3)**

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