



Profiles 2012 - Selected Topics

Houston Secondary Schools

The **School Health Profiles (Profiles)** is a system of surveys assessing school health policies and practices in states, territories, and large urban school districts. Profiles surveys are conducted biennially among representative samples of middle and high school principals and lead health education teachers.

Health Education	Among Cities*		Houston %
	Median	Range	
Percentage of schools in which those who teach health education were provided with key materials for teaching health education	54.5	(13.6 – 84.9)	68.3
Percentage of schools with a health education curriculum that addresses all 8 national standards for health education	64.2	(13.6 – 86.7)	74.8
Percentage of schools that required students to take 2 or more health education courses	34.6	(7.5 – 62.1)	36.4
Among schools that required a health education course, percentage that required students who fail the course to repeat it	54.1	(20.5 – 80.9)	52.9
Percentage of schools in which the lead health education teacher had professional preparation in health education or in health and physical education combined	49.8	(4.3 – 80.6)	66.3
Asthma			
Percentage of schools that have ever used the School Health Index or other self-assessment tool to assess their asthma policies, activities, and programs	38.5	(25.7 – 53.9)	53.9
Percentage of schools that had an asthma action plan on file for all students with known asthma	54.9	(38.0 – 84.4)	55.2
Percentage of schools that implemented a policy permitting students to carry and self-administer asthma medications by communicating the policy to students, parents, and families, and by designating an individual responsible for implementing the policy	47.4	(23.7 – 73.2)	54.0
Percentage of schools that required all school staff members receive annual training on recognizing and responding to severe asthma symptoms	39.5	(24.4 – 88.8)	58.2
Percentage of schools with a full-time registered nurse who provides health services to students at school	47.1	(10.4 – 98.0)	77.3
Percentage of schools that identified students with poorly controlled asthma by keeping track of them in at least 3 different ways	61.1	(41.1 – 85.7)	57.1
Percentage of schools that provided intensive case management for students with poorly controlled asthma at school	36.2	(13.6 – 59.3)	35.2
Percentage of schools that provided parents and families with health information to increase parent and family knowledge of asthma	38.1	(19.1 – 62.4)	33.7

* Among the 16 participating cities with weighted survey results.

Where can I get more information? Visit www.cdc.gov/healthyyouth or call 800 CDC INFO (800 232 4636).



National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention
Division of Adolescent and School Health





Profiles 2012 - Selected Topics

Houston Secondary Schools

The **School Health Profiles (Profiles)** is a system of surveys assessing school health policies and practices in states, territories, and large urban school districts. Profiles surveys are conducted biennially among representative samples of middle and high school principals and lead health education teachers.

School Health Coordination	Among Cities*		Houston %
	Median	Range	
Percentage of schools that had a school health council, committee, or team that offers guidance on the development of policies or coordinates activities on health topics	59.7	(19.1 - 89.7)	58.9
Percentage of schools that have a school health council, committee, or team with representation from 6 or more groups	38.2	(4.8 - 66.8)	36.3
Percentage of schools that include at least 1 health and safety objective in their school improvement plan and have completed a self-assessment of school health policies and practices and have reviewed health and safety data during the past year as part of their school improvement planning process	27.1	(15.8 - 49.8)	35.6
Percentage of schools that have a school health team that performs 5 actions to help plan and implement school health programs	21.8	(4.7 - 44.4)	22.6

* Among the 16 participating cities with weighted survey results.

Where can I get more information? Visit www.cdc.gov/healthyyouth or call 800 CDC INFO (800 232 4636).



National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention
Division of Adolescent and School Health

