

SCHOOL-BASED PROGRAMS

for Preventing HIV & STDs among U.S. Youth

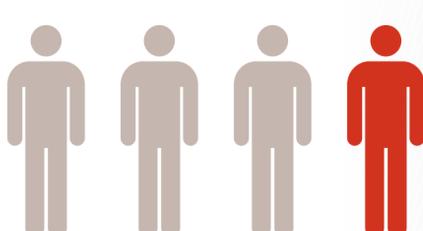


School-based programs play an important role in preventing HIV and other STDs.

There are about **20 million** new STDs each year



HALF are among youth aged 15-24 years



1 in 4 new HIV infections occur in youth

Effective HIV/STD Prevention Programs



DELAY 1st sexual intercourse



DECREASE number of sex partners



DO NOT increase likelihood of having sex



INCREASE condom and contraceptive use

Characteristics of Effective HIV/STD Prevention Programs

1 Delivered by trained instructors



2 Use materials that are age- and culturally-appropriate and medically accurate



3 Include skill-building lessons



4 Take place in a school environment supportive of healthy behaviors



5 Involve parents, youth-serving organizations, and health organizations



HIV/STD Prevention Programs are **COST EFFECTIVE!**

\$1 invested



\$2.65 saved



How can you help your school?



ASK school administrators about current programs and services.



VISIT the CDC Healthy Youth web site (www.cdc.gov/HealthyYouth) for additional resources.



CALL 1-800-CDC-INFO (800-232-4636) if you have any further questions.



Centers for Disease Control and Prevention
National Center for HIV/AIDS,
Viral Hepatitis, STD, and
TB Prevention

www.cdc.gov/healthyouth