Implement best practices. Ensure time alone with your patient, clarify confidentiality protections, and perform age-appropriate risk assessments.

Providing high-quality health care to all patients is important.

But research shows that SOME POPULATIONS, like lesbian, gay, bisexual, and transgender (LGBT) youth, may NEED ADDITIONAL CONSIDERATIONS.

As a health care professional, you can:

- Make this a safe space. Many LGBT youth have experienced disrespect, discrimination, or even refusal of care from health care providers.

- Be informed. LGBT youth are more likely to experience bullying and physical and sexual violence than their heterosexual peers, with possible serious outcomes.

- Know about and refer your patients to local resources on youth sexuality, bullying, sexual violence, and suicide prevention.

- Ask which pronoun they prefer. He? She? They?

- Don’t assume sexual orientation/gender identity. Every LGBT young person is an individual.

- Implement best practices. Ensure time alone with your patient, clarify confidentiality protections, and perform age-appropriate risk assessments.

Want to do more?

Visit:
- CDC’s Healthy Youth: http://www.cdc.gov/healthyyouth
- Office Care for Lesbian, Gay, Bisexual, Transgender, and Questioning Youth: http://bit.ly/2h3VAK2

Read:

Share: