

# Clinicians can play an important role in keeping **LESBIAN, GAY, BISEXUAL, AND TRANSGENDER Youth HEALTHY**



**Providing high-quality health care to all patients is important.**

But research shows that **SOME POPULATIONS**, like lesbian, gay, bisexual, and transgender (LGBT) youth, may **NEED ADDITIONAL CONSIDERATIONS.**

As a health care professional, you can:



**Make this a safe space.** Many LGBT youth have experienced disrespect, discrimination, or even refusal of care from health care providers.

**Be informed.** LGBT youth are more likely to experience bullying and physical and sexual violence than their heterosexual peers, with possible serious outcomes.



**Know about and refer your patients to local resources on youth sexuality, bullying, sexual violence, and suicide prevention.**



**Ask which pronoun they prefer.**  
He? She? They?

**Don't assume sexual orientation/gender identity.**  
Every LGBT young person is an individual.

**Implement best practices.** Ensure time alone with your patient, clarify confidentiality protections, and perform age-appropriate risk assessments.

## Want to do more?



**Visit:**

CDC's Healthy Youth:  
<http://www.cdc.gov/healthyyouth>

American Academy of Pediatrics:  
<http://bit.ly/1GbQWNP>

Office Care for Lesbian, Gay, Bisexual, Transgender, and Questioning Youth:  
<http://bit.ly/2h3VAK2>



**Read:**

CDC Report: *Sexual Identity, Sex of Sexual Contacts, and Health-Related Behaviors Among Students in Grades 9-12 - United States and Selected Sites, 2015*  
<http://bit.ly/2aEmfKb>

CDC Report Summary: <http://bit.ly/1nuMopt>

Policy Statement: Office-Based Care for Lesbian, Gay, Bisexual, Transgender, and Questioning Youth  
<http://bit.ly/2h3VAK2>



**Share:**

With schools: Sexual Health Services  
<http://bit.ly/2i1GcxO>

With parents: Parents' Influence on the Health of Lesbian, Gay, and Bisexual Teens: What Parents and Families Should Know  
<http://bit.ly/1FLIUZ0>



Centers for Disease Control and Prevention  
National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention

[www.cdc.gov/healthyyouth](http://www.cdc.gov/healthyyouth)

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