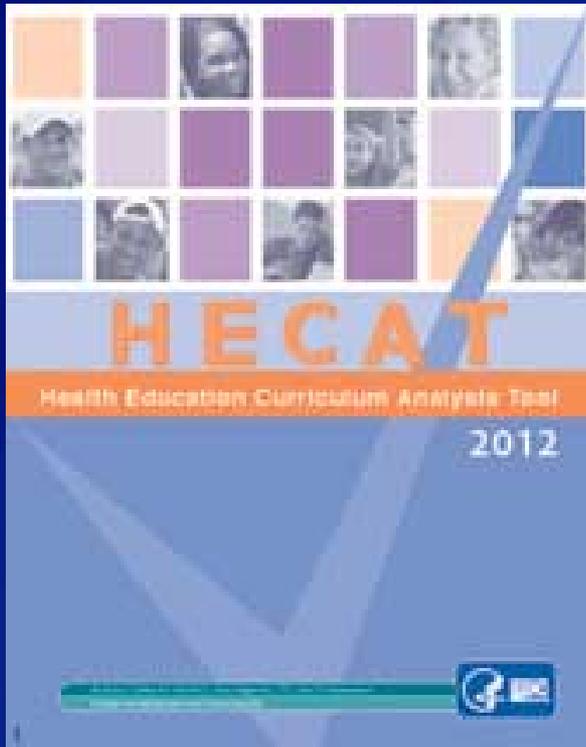


HECAT

Health Education Curriculum Analysis Tool*

Lessons for Health Education Teacher Preparation Programs

* Centers for Disease Control and Prevention. *Health Education Curriculum Analysis Tool*. Atlanta, GA: U.S. Department of Health and Human Services; 2011.



Introduction to CDC's

HECAT

Health Education Curriculum
Analysis Tool *

Lesson 5:

HECAT in Action:
Synthesizing Your Results

Lesson 5: Objective

After completing this lesson, students will be able to:

- Summarize the **strengths** and **weaknesses, omissions,** and **extras** of a curriculum based on completing a HECAT analysis

“Strength” and “Weakness” Defined

- **Strength:** Element of curriculum that closely meets all of the **HECAT** criteria
 - **Example –** The curriculum thoroughly and effectively teaches students the process of goal setting; it allows opportunities for practice and reinforcement
- **Weakness:** Element of curriculum that does not closely match the **HECAT** criteria
 - **Example –** The teacher talks about the skill of goal setting, but the students never have an opportunity to practice the skill

“Omission” and “Extra” Defined

- **Omission:** Missing element of a curriculum based on the HECAT criteria
 - Example – Opportunities for students to practice encouraging their peers to postpone intercourse are not included
- **Extra:** Additional element of a curriculum as outlined in the HECAT criteria
 - Example – The curriculum includes detailed information on the different drugs an HIV infected individual would take

HECAT Curriculum Analysis Worksheet

Activity Instructions (steps 1 - 2)

1. Review your scores

- **Chapter 4 – Preliminary Curriculum Considerations**
- **Chapter 5 – Health Education Curriculum Fundamentals**

2. Record strengths and weaknesses on your Curriculum Analysis Worksheet

- **Be specific**
- **Give examples**

HECAT Curriculum Analysis Worksheet

Activity Instructions (steps 3 - 5)

3. Review your scores

- For each NHES (*HECAT* Chapter 6)
- Overall Summary Forms (Chapter 3)

4. Record strengths and weaknesses on your Curriculum Analysis Worksheet

- Be specific
- Give examples

5. Decide if this is a curriculum you would recommend to a school district

Synthesis

- **Review your specific findings**
- **Share your results with the class**
- **Discuss if this is a curriculum you would recommend to a school district**

Any questions?

For more information please contact Centers for Disease Control and Prevention

1600 Clifton Road NE, Atlanta, GA 30333

Telephone, 1-800-CDC-INFO (232-4636)/TTY: 1-888-232-6348

E-mail: cdcinfo@cdc.gov Web: www.cdc.gov

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention
Division of Adolescent and School Health

