

Suicide Prevention

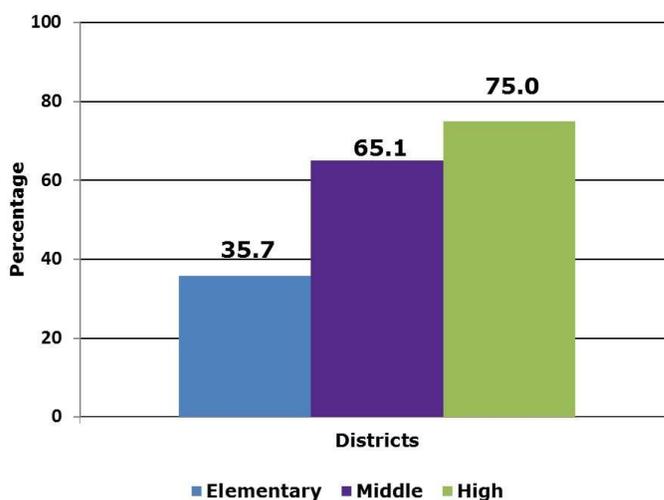
About SHPPS: SHPPS is a national survey periodically conducted to assess school health policies and practices at the state, district, school, and classroom levels. SHPPS was conducted in 1994, 2000, and 2006. The 2012 study collected data at the state and district levels only. School- and classroom-level data collection will take place in 2014.

Health Education

During the 2 years before the study:

- 64.7% of states provided funding for professional development or offered professional development to those who teach health education on suicide prevention.
- The percentage of districts that provided funding for professional development or offered professional development to those who teach health education on suicide prevention increased from 41.5% in 2000 to 62.6% in 2012.¹
- The percentage of districts that required middle schools to teach about suicide prevention increased from 53.8% in 2000 to 65.1% in 2012.

Percentage of Districts That Required Teaching About Suicide Prevention at Each School Level



Percentage of States Providing Assistance to Districts or Schools on Suicide Prevention Education	
Type of Assistance	States
Developed, revised, or assisted in developing model policies, policy guidance, or other materials*	54.0
Distributed or provided model policies, policy guidance, or other materials*	66.7
Provided technical assistance†	80.4

*During the 2 years before the study.
†During the 12 months before the study.

Safe and Healthy School Environment

- 78.4% of districts required that schools have a plan for the actions to be taken when a student at risk for suicide was identified. Among these districts:
 - 97.1% required the student’s family be informed.
 - 85.4% required the student be referred to a mental health provider.
 - 59.4% required a visit with a mental health provider be documented.

¹ Regression analyses were performed that took all available years of data into account. To account for multiple comparisons, selected changes are included only if the p-value from the trend analysis was less than .01, and either the difference between the two endpoints (2000 and 2012) was greater than 10 percentage points or the 2012 estimate increased by at least a factor of two or decreased by at least half as compared to the 2000 estimate.

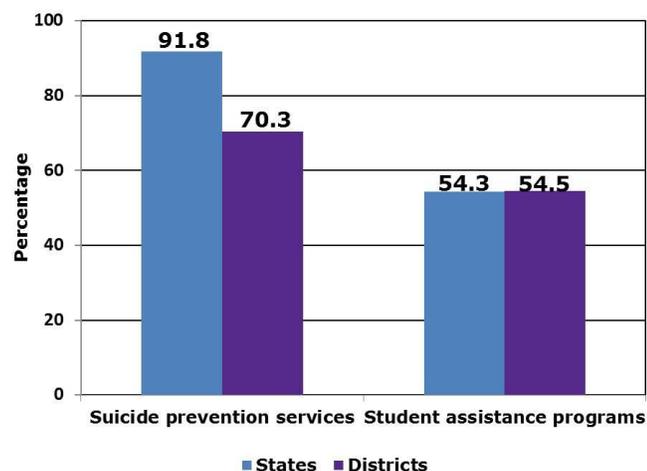
Health Services and Mental Health and Social Services

- 42.6% of districts required schools to provide suicide prevention services in one-on-one or small-group sessions.
- 9.6% of districts had arrangements with organizations or healthcare professionals to provide suicide prevention services at other sites not on school property.
- The percentage of districts that had adopted a policy stating that student assistance programs will be offered to all students increased from 51.2% in 2000 to 76.3% in 2012.
- 78.4% of states and 35.6% of districts provided funding for professional development or offered professional development to school nurses on suicide prevention.
- The percentage of districts that provided funding for professional development or offered professional development to school mental health or social services staff on suicide prevention increased from 52.4% in 2000 to 70.3% in 2012.

Percentage of States Providing Assistance to Districts or Schools on Student Assistance Programs	
Type of Assistance	States
Developed, revised, or assisted in developing model policies, policy guidance, or other materials*	60.0
Distributed or provided model policies, policy guidance, or other materials*	58.0
Provided technical assistance†	68.0

* During the 2 years before the study.
† During the 12 months before the study.

Percentage of States and Districts That Provided Funding for Professional Development or Offered Professional Development to Mental Health or Social Services Staff on Suicide-Related Topics During the 2 Years Before the Study



Percentage of States and Districts That Evaluated Aspects of Their School Mental Health or Social Services Program*		
Topic	States	Districts
Mental health or social services professional development or in-service programs	44.7	54.5
School mental health or social services policies	43.8	47.8
School mental health or social services programs	44.9	52.9
Student or family satisfaction with school mental health or social services	34.0	30.6
Student use of school mental health or social services	35.4	51.3

* During the 2 years before the study.

Where can I get more information? Visit www.cdc.gov/shpps or call 800-CDC-INFO (800-232-4636).

