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## **Mental Health and Social Services State Questionnaire**

**School Health Policies and Practices Study 2012  
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# Mental Health and Social Services State Questionnaire

## Questions

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## **Special Instructions**

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THIS QUESTIONNAIRE WILL BE ADMINISTERED USING WEB-BASED INTERVIEW TECHNOLOGY. AS THE RESPONDENT TYPES RESPONSES TO THE QUESTIONS INTO THE COMPUTER, THE INTERVIEW PROGRAM WILL 1) DISPLAY THE CORRECT TENSE OF VERBS, 2) PROVIDE ALTERNATE ANSWERS TO QUESTIONS (E.G., NOT APPLICABLE, "I DON'T KNOW"), 3) NAVIGATE COMPLEX SKIP PATTERNS, AND 4) PERFORM OTHER USEFUL FUNCTIONS. COMMENTS APPEARING IN THE MARGIN REPRESENT ADDITIONAL CLARIFICATION ON THE QUESTION OR THE SPECIFIC TERMINOLOGY USED. THIS TEXT WILL APPEAR ON-SCREEN UNDER THE MAIN QUESTION TEXT. THE PROGRAMMING SPECIFICATIONS FOR THE INTERVIEW ARE NOT INCLUDED IN THIS PRINTED VERSION OF THE QUESTIONNAIRE.

For the purposes of this questionnaire, "elementary school" refers to a school that contains any of grades K–5. "Middle school" refers to a school that contains any of grades 6–8. Some jurisdictions may refer to these schools as "junior high schools." "High school" refers to a school that contains any of grades 10–12. Some jurisdictions may refer to these schools as "senior high schools."

## State Assistance to Districts and Schools

The first questions ask about state assistance to districts and schools.

1. During the past two years, did your state **develop, revise, or assist in developing** model policies, policy guidance, or other materials to inform district or school policy on...

	Yes	No
a. Providing mental health or social services to students?.....	1	2
b. Student assistance programs? .....	1	2
c. Student support teams? .....	1	2
d. Linking students to community mental health or social services providers?.....	1	2

**Comment [Help1]:** For the purposes of this question, a “model policy” is an example of what an actual policy on a particular topic or issue might address. The content might be based on scientific evidence, best practices, or state law or policy. Model policies are provided for districts or schools to consider when developing their own policies. They are recommendations, not mandates.

**Comment [Help2]:** Student assistance programs provide services designed to assist students experiencing personal or social problems that can impact school performance, physical health, or overall well-being.

**Comment [Help3]:** Some schools have teams of school staff who collaborate to provide assistance to students with disabilities or those who are experiencing academic difficulties or behavioral problems. These sometimes are called student support teams, student assistance teams, or student guidance teams.

2. During the past two years, did your state **distribute or provide** to district or school staff model policies, policy guidance, or other materials to inform district or school policy on each of the following topics?

	Yes	No
a. Providing mental health or social services to students .....	1	2
b. Student assistance programs .....	1	2
c. Student support teams .....	1	2
d. Linking students to community mental health or social services providers.....	1	2

**Comment [Help4]:** For the purposes of this question, a “model policy” is an example of what an actual policy on a particular topic or issue might address. The content might be based on scientific evidence, best practices, or state law or policy. Model policies are provided for districts or schools to consider when developing their own policies. They are recommendations, not mandates.

**Comment [Help5]:** Student assistance programs provide services designed to assist students experiencing personal or social problems that can impact school performance, physical health, or overall well-being.

**Comment [Help6]:** Some schools have teams of school staff who collaborate to provide assistance to students with disabilities or those who are experiencing academic difficulties or behavioral problems. These sometimes are called student support teams, student assistance teams, or student guidance teams.

The next questions ask about technical assistance your state might have provided to district or school staff. Technical assistance refers to one-on-one, tailored guidance to meet the specific needs of the district or school that may be provided through phone, e-mail, Internet, or in-person meetings.

3. During the past 12 months, has your state provided technical assistance to district or school staff on...

	Yes	No
a. Providing mental health or social services to students?.....	1	2
b. Student assistance programs? .....	1	2
c. Student support teams? .....	1	2
d. Linking students to community mental health or social services providers?.....	1	2

**Comment [Help7]:** Technical assistance differs from professional development in that technical assistance tends to be less formal, more specific to an individual’s needs, and shorter in duration.

**Comment [Help8]:** Student assistance programs provide services designed to assist students experiencing personal or social problems that can impact school performance, physical health, or overall well-being.

**Comment [Help9]:** Some schools have teams of school staff who collaborate to provide assistance to students with disabilities or those who are experiencing academic difficulties or behavioral problems. These sometimes are called student support teams, student assistance teams, or student guidance teams.

## Funding/Medicaid

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The next question asks about funding for standard mental health and social services in your state. For the purposes of this question, “standard” means services offered to all students.

4. In your state, how are standard mental health and social services for students funded?

MARK ALL THAT APPLY

- State budget.....1
- School district budgets.....2
- Medicaid .....3
- State Children’s Health Insurance  
Program (SCHIP).....4
- Private insurance.....5
- Public grants.....6
- Private grants .....7
- Other .....8

The next question asks about schools in your state that serve as Medicaid providers by providing standard mental health or social services to students.

5. In your state, do any schools serve as Medicaid providers, by providing **standard mental** health or social services to students?

- Yes .....1
- No.....2

**Comment [Help10]:** For the purposes of this question, “standard” means services offered to all students in your state.

## Collaboration

The next questions ask about collaboration among mental health or social services staff and other staff in your state.

6. During the past 12 months, have state-level mental health or social services staff worked on school mental health or social services activities with state-level...

**Comment [Help11]:** “Worked on school mental health and social services activities with” means collaborated with on mental health and social services activities or worked with to coordinate mental health and social services activities.

	Yes	No	No state-level staff in this area
a. Health education staff? .....	1	2	3
b. Physical education staff? .....	1	2	3
c. Child nutrition or nutrition services staff? .....	1	2	3
d. Health services staff? .....	1	2	3
e. Special education staff? .....	1	2	3

7. During the past 12 months, have state-level mental health or social services staff worked on school mental health or social services activities with staff or members from...

**Comment [Help12]:** “Worked on school mental health and social services activities with” means collaborated with on mental health and social services activities or worked with to coordinate mental health and social services activities.

	Yes	No
a. A state-level school nurses’ association or organization? .....	1	2
b. A state-level physicians’ organization, such as the American Academy of Pediatrics? .....	1	2
c. A state-level health organization, such as the American Heart Association or the American Red Cross? .....	1	2
d. A state-level parents’ organization, such as the PTA? .....	1	2
e. The state health department? .....	1	2
f. The state mental health or social services agency? .....	1	2
g. The state juvenile justice department? .....	1	2
h. Colleges or universities? .....	1	2
i. Businesses? .....	1	2
j. The state child welfare agency? .....	1	2
k. The state foster care system? .....	1	2
l. A state-level school counselors’, psychologists’, or social workers’ association or organization? .....	1	2

**Comment [Help13]:** PTA is Parent Teacher Association.

## Evaluation

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The next questions ask about different aspects of your state’s mental health or social services program that might have been evaluated during the past two years.

8. During the past two years, has your state evaluated...

	Yes	No
a. School mental health or social services programs at the district or school level? .....	1	2
b. School mental health or social services policies? .....	1	2
c. Mental health or social services professional development or in-service programs? .....	1	2
d. Student use of school mental health or social services at the district or school level? .....	1	2
e. Student or family satisfaction with school mental health or social services at the district or school level? .....	1	2

**Comment [Help14]:** Such an evaluation might include the extent to which these services meet the needs of students and their families.

## Professional Development

The next questions are about professional development which might include workshops, conferences, continuing education, graduate courses, or any other kind of in-service.

9. During the past two years, has your state provided funding for or offered professional development to mental health or social services staff on...

	Yes	No
a. Tobacco use cessation? .....	1	2
b. Alcohol or other drug use treatment?.....	1	2
c. Counseling after a natural disaster or other emergency or crisis situation? .....	1	2
d. Crisis intervention for personal problems? .....	1	2
e. Emergency preparedness?.....	1	2
f. Identification of emotional or behavioral disorders, such as anxiety, depression, or ADHD? .....	1	2
g. Counseling for emotional or behavioral disorders, such as anxiety, depression, or ADHD? .....	1	2
h. Stress management?.....	1	2
i. Weight management?.....	1	2
j. Identification of or referral for eating disorders?.....	1	2
k. HIV counseling, testing, and referral? .....	1	2
l. Identification of or referral for physical, sexual, or emotional abuse? .....	1	2
m. Identification of or referral for students with family problems, such as parental divorce, substance abuse, or violence? .....	1	2
n. After-school programs for students, such as supervised recreation? .....	1	2
o. Child care options for teen mothers? .....	1	2
p. Services specifically for gay, lesbian, or bisexual students? .....	1	2
q. Enrolling in WIC or accessing food stamps or food banks?.....	1	2
r. Securing temporary or permanent housing? .....	1	2
s. Enrolling in Medicaid or SCHIP?.....	1	2
t. Accessing benefits for students with disabilities? .....	1	2
u. Job readiness skills programs?.....	1	2

**Comment [Help15]:** Professional development differs from technical assistance in that technical assistance tends to be less formal, more specific to an individual's needs, and shorter in duration.

**Comment [Help16]:** For the purposes of this question, "crisis intervention for personal problems" means situations such as the death of a loved one or the loss of a home due to fire.

**Comment [Help17]:** For the purposes of this question, "emergency preparedness" means how to be ready for a natural disaster or other crisis situation.

**Comment [Help18]:** ADHD is attention-deficit/hyperactivity disorder.

**Comment [Help19]:** ADHD is attention-deficit/hyperactivity disorder.

**Comment [Help20]:** HIV is human immunodeficiency virus.

**Comment [Help21]:** WIC is the Women, Infants, and Children's Supplemental Nutrition Program.

**Comment [Help22]:** SCHIP is the State Children's Health Insurance Program.

**Comment [Help23]:** Job readiness skills programs are programs that teach work-place behavior, writing a resume, interviewing skills, or other job-related skills.

## Professional Development

10. During the past two years, has your state provided funding for or offered professional development to mental health or social services staff on...

	Yes	No
a. Nutrition and dietary behavior counseling? .....	1	2
b. Physical activity and fitness counseling?.....	1	2
c. Pregnancy prevention?.....	1	2
d. Human immunodeficiency virus (HIV) prevention? .....	1	2
e. Other sexually transmitted disease (STD) prevention? .....	1	2
f. Suicide prevention?.....	1	2
g. Tobacco use prevention?.....	1	2
h. Alcohol or other drug use prevention?.....	1	2
i. Violence prevention, for example bullying, fighting, or dating violence prevention?.....	1	2
j. Injury prevention and safety counseling? .....	1	2

11. During the past two years, has your state provided funding for or offered professional development to mental health or social services staff on...

	Yes	No
a. <span style="border: 1px solid red; padding: 2px;">Case management</span> for students with emotional or behavioral problems?.....	1	2
b. Family counseling? .....	1	2
c. Group counseling? .....	1	2
d. Individual counseling? .....	1	2
e. Comprehensive assessment or intake evaluation? .....	1	2
f. Peer counseling or mediation?.....	1	2
g. Self-help or support groups?.....	1	2
h. <span style="border: 1px solid red; padding: 2px;">Student assistance programs?</span> .....	1	2
i. <span style="border: 1px solid red; padding: 2px;">Student support teams?</span> .....	1	2

**Comment [Help24]:** For the purposes of this question, "case management" means wide-ranging assistance such as helping the student access needed services, providing counseling and anticipatory guidance, briefing the student's family members about necessary care, and helping the student learn and implement self-management of his or her condition or disability.

**Comment [Help25]:** Student assistance programs provide services designed to assist students experiencing personal or social problems that can impact school performance, physical health, or overall well-being.

**Comment [Help26]:** Some schools have teams of school staff who collaborate to provide assistance to students with disabilities or those who are experiencing academic difficulties or behavioral problems. These sometimes are called student support teams, student assistance teams, or student guidance teams.

## Professional Development

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The next question asks about training for teachers, administrators, and school staff other than mental health and social services staff.

12. During the past two years, has your state provided funding for or offered training to any teachers, administrators, or other school staff on...

	Yes	No
a. Recognizing signs and symptoms of physical, sexual, or emotional abuse? .....	1	2
b. Recognizing signs and symptoms of substance abuse? .....	1	2
c. Recognizing signs and symptoms of depression and suicidality? .....	1	2
d. Recognizing signs and symptoms of dating violence? .....	1	2
e. Recognizing signs and symptoms of bullying victimization? .....	1	2
f. Making appropriate referrals to a school counselor, psychologist, or social worker? .....	1	2
g. Managing students with emotional or behavioral problems? .....	1	2

**Mental Health and Social Services Coordinator**

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13. Currently, does someone in your state oversee or coordinate school mental health and social services?

Yes .....1

No.....2

→That is the last question.  
Thank you very much for taking  
the time to complete this  
questionnaire.

14. Are you this person?

Yes .....1

No.....2

→That is the last question.  
Thank you very much for taking  
the time to complete this  
questionnaire.

15. Who do you work for?

MARK ALL THAT APPLY

State education agency.....1

State mental health or social services agency .....2

State public health agency .....3

Other .....4

The last questions ask about your educational background.

16. Do you have an undergraduate degree?

Yes .....1

No.....2

→That is the last question.  
Thank you very much for taking  
the time to complete this  
questionnaire.

Mental Health and Social Services Coordinator

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17. What did you major in?  
MARK ALL THAT APPLY
- Counseling .....1
  - Psychology .....2
  - Social work .....3
  - Education .....4
  - Other (Specify).....5
18. Did you have an undergraduate minor?
- Yes .....1
  - No.....2 →SKIP TO Q20
19. What did you minor in?  
MARK ALL THAT APPLY
- Counseling .....1
  - Psychology .....2
  - Social work .....3
  - Education .....4
  - Other (Specify).....5
20. Do you have a graduate degree?
- Yes .....1
  - No.....2 →SKIP TO Q22
21. In what area or areas was your graduate work?  
MARK ALL THAT APPLY
- Counseling .....1
  - Psychology .....2
  - Social work .....3
  - Education .....4
  - Other (Specify).....5

Mental Health and Social Services Coordinator

22. Are you licensed, certified, or credentialed by a state agency or board to provide school mental health or social services?

Yes .....1

No.....2

State does not license, certify,  
or credential school mental health  
or social services professionals.....3

Thank you very much for taking the time to participate in this study.

If you would like more information about this study or would like clarification of any questions in this questionnaire, please call 800-287-1815.