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Health Services District Questionnaire

**School Health Policies and Practices Study 2016
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Health Services District Questionnaire

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Special Instructions

THIS QUESTIONNAIRE WILL BE ADMINISTERED USING WEB-BASED SURVEY TECHNOLOGY. AS THE RESPONDENTS SELECT THEIR RESPONSES TO THE QUESTIONS, THE APPLICATION WILL NAVIGATE COMPLEX SKIP PATTERNS BASED ON PREVIOUS RESPONSES AND PERFORM OTHER USEFUL FUNCTIONS. COMMENTS APPEARING IN THE MARGIN REPRESENT ADDITIONAL CLARIFICATION ON THE QUESTION OR THE SPECIFIC TERMINOLOGY USED. THIS TEXT WILL APPEAR ON-SCREEN UNDER THE MAIN QUESTION TEXT. THE PROGRAMMING SPECIFICATIONS FOR THE SURVEY ARE NOT INCLUDED IN THEIR ENTIRETY IN THIS PRINTED VERSION OF THE QUESTIONNAIRE.

1. This questionnaire focuses on your district’s policies and practices regarding health services.
2. For the purposes of this questionnaire, “policy” means any written law, rule, regulation, administrative order, or similar kind of mandate issued by the local school board or other local agency with authority over schools in your district. SHPPS is most interested in what is **required** by the district, not what is recommended or contained in non-binding guidance documents, unless the question specifically asks about recommendations.
3. For the purposes of this questionnaire, “adopted a policy” means either that the district has its own policy **or** that the district follows a policy established at the federal or state level, including any law, rule, regulation, administrative order, or similar kind of mandate.
4. If a district policy is written in such a way that it requires schools to develop and adopt their own policies on a given topic, for the purposes of this questionnaire, please consider it the same as a district-wide requirement.
5. Districts may sometimes grant policy exceptions or waivers, but please answer each question based on what is considered the general policy and standard practice in your district.
6. For the purposes of this questionnaire, “elementary school” refers to a school that contains any of grades K–5. “Middle school” refers to a school that contains any of grades 6–8. Some jurisdictions may refer to these schools as “junior high schools.” “High school” refers to a school that contains any of grades 10–12. Some jurisdictions may refer to these schools as “senior high schools.”

Student Health Records

The first question asks about information that might be found in student records.

1. Has your district adopted a policy stating that schools will obtain and keep the following information in any type of student record?

	Yes	No
a. A physical health history	1	2
b. An emotional or mental health history.....	1	2
c. Tuberculosis screening results	1	2
d. Other screening records, such as vision or hearing.....	1	2
e. Medication needs	1	2
f. Dietary needs or restrictions	1	2
g. Severe food or other allergies	1	2
h. Physical activity restrictions	1	2
i. Asthma action plans.....	1	2
j. Emergency contact information.....	1	2
k. An authorization for emergency treatment	1	2
l. Insurance coverage information.....	1	2
m. Weight status, such as body mass index (BMI).....	1	2
n. Reasons for absences	1	2

Commented [HELP1]: A physical health history is a cumulative record of the student's physical health which could include physical exams or sports physicals.

Commented [HELP2]: An emotional or mental health history is a cumulative record of the student's emotional or mental health which could include documentation of mental health diagnoses, counseling, or medications.

Commented [HELP3]: For the purposes of this question, "screening" means the identification of students meeting certain risk criteria, for example those born or recently living in other countries. Students meeting these criteria would then be referred for TB testing or required to provide evidence of medical clearance.

Commented [HELP4]: Weight status refers to a way to define an individual's weight as underweight, healthy weight, overweight, or obese using some type of measure.

School Entry Requirements

IF DISTRICT DOES NOT CONTAIN ELEMENTARY SCHOOLS, SKIP TO THE INSTRUCTIONS BEFORE Q3.

The next question asks about screenings and examinations that your district might require for school entry.

2. Has your district adopted a policy stating that students entering kindergarten or first grade will have...

	Yes	No
a. A hearing screening?.....	1	2
b. A vision screening?.....	1	2
c. An oral health examination?	1	2
d. A physical examination?.....	1	2
e. A developmental examination assessing readiness to learn?.....	1	2

Commented [HELP5]: A developmental examination assessing readiness to learn might include items to assess early literacy or math skills, such as recognizing letters of the alphabet or counting to 20.

Required Immunizations

The next questions ask about your district's policies regarding student immunizations.

3. Has your district adopted a policy stating that students must receive an influenza vaccine annually?

Yes1

No.....2

IF DISTRICT DOES NOT CONTAIN ELEMENTARY SCHOOLS, SKIP TO THE INSTRUCTIONS BEFORE Q6.

4. Has your district adopted a policy stating that students entering kindergarten or first grade will have...

	Yes	No
a. A second measles vaccine?	1	2
b. A polio vaccine series?	1	2
c. A pertussis vaccine series?.....	1	2
d. A tetanus vaccine series?	1	2
e. A hepatitis A vaccine series?	1	2
f. A hepatitis B vaccine series?	1	2
g. A second chicken pox or varicella vaccine?	1	2

Required Immunizations

5. Which of the following statements best describes your district’s policies related to whether students are excluded from attending classes if they have not received the required immunizations for entry into kindergarten or first grade? Please do not include students who are exempt from immunization requirements for medical or religious reasons or personal beliefs.

Students who have not received the required immunizations for entry into kindergarten or first grade are immediately excluded from attending classes.....1

Students who have not received the required immunizations for entry into kindergarten or first grade are allowed to attend classes for a specified number of days and then excluded2

This district does not have a policy that excludes students from attending classes if they have not received the required immunizations for entry into kindergarten or first grade3

IF DISTRICT DOES NOT CONTAIN MIDDLE SCHOOLS, SKIP TO THE INSTRUCTIONS BEFORE Q8.

6. Has your district adopted a policy stating that students entering middle school will have...

	Yes	No
a. A second measles vaccine?	1	2
b. A hepatitis A vaccine series?	1	2
c. A hepatitis B vaccine series?	1	2
d. A second chicken pox or varicella vaccine?	1	2
e. A tetanus-diphtheria-pertussis (Tdap) vaccine series?	1	2
f. A meningococcal conjugate vaccine?	1	2
g. A human papillomavirus (HPV) vaccine series?	1	2

Required Immunizations

7. Which of the following statements best describes your district’s policies related to whether students are excluded from attending classes if they have not received the required immunizations for entry into middle school? Please do not include students who are exempt from immunization requirements for medical or religious reasons or personal beliefs.

Students who have not received the required immunizations for entry into middle school are immediately excluded from attending classes.....1

Students who have not received the required immunizations for entry into middle school are allowed to attend classes for a specified number of days and then excluded.....2

This district does not have a policy that excludes students from attending classes if they have not received the required immunizations for entry into middle school3

IF DISTRICT DOES NOT CONTAIN HIGH SCHOOLS, SKIP TO Q10.

8. Has your district adopted a policy stating that students entering high school will have...

	Yes	No
a. A second measles vaccine?	1	2
b. A hepatitis A vaccine series?	1	2
c. A hepatitis B vaccine series?	1	2
d. A second chicken pox or varicella vaccine?	1	2
e. A tetanus-diphtheria-pertussis (Tdap) vaccine?.....	1	2
f. A meningococcal conjugate vaccine?.....	1	2
g. A human papillomavirus (HPV) vaccine series?.....	1	2

Required Immunizations

9. Which of the following statements best describes your district’s policies related to whether students are excluded from attending classes if they have not received the required immunizations for entry into high school? Please do not include students who are exempt from immunization requirements for medical or religious reasons or personal beliefs.

Students who have not received the required immunizations for entry into high school are immediately excluded from attending classes1

Students who have not received the required immunizations for entry into high school are allowed to attend classes for a specified number of days and then excluded.....2

This district does not have a policy that excludes students from attending classes if they have not received the required immunizations for entry into high school3

10. Does your district allow students to be exempted from required immunizations for...

	Yes	No
a. Medical reasons?.....1	1	2
b. Religious reasons?1	1	2
c. Personal beliefs?1	1	2

Tuberculosis Screening and Testing

IF DISTRICT DOES NOT CONTAIN ELEMENTARY SCHOOLS, SKIP TO Q13.

The next questions ask about tuberculosis (TB) screening and TB testing for students prior to entry into kindergarten or first grade. For the purposes of these questions, “**screening**” means the identification of students meeting certain risk criteria, for example those born or recently living in other countries. Students meeting these criteria would then be referred for TB testing or required to provide evidence of medical clearance. TB “**testing**” refers to giving a clinical test for TB, such as a skin test or a TB-specific blood test.

We will first be asking about TB screening. Do **not** consider TB testing when answering this question.

11. Does your district screen students for tuberculosis (TB) prior to entry into kindergarten or first grade?
- Yes1
- No.....2

The next question asks about your district’s requirements for tuberculosis (TB) **testing** for students. For the purposes of this question, “testing” refers to a clinical test for TB, such as a skin test or a TB-specific blood test.

12. Which of the following three statements **best** describes your district’s policies for tuberculosis (TB) **testing** of students prior to entry into kindergarten or first grade?
- TB testing is required prior to school entry based on the results of TB screening1
- TB testing is required prior to school entry for all students.....2
- TB testing is not required prior to school entry for any students.....3

Tuberculosis Screening and Testing

13. Which of the following three statements best describes your district’s requirements for periodic TB testing after school entry? Please do not include TB testing that might be done after exposure to TB at school or a school-sponsored event. For the purposes of this question, “periodic” means that the test is repeated at regular intervals (e.g., annually) or at a specific time (e.g., at the beginning of 5th grade).

The district requires periodic TB testing
for all students.....1

The district requires periodic TB testing
only for students previously identified
through screening.....2

The district does not require periodic
TB testing for any students3

IF Q12 IS 3 OR SKIPPED APPROPRIATELY AND Q13 IS 3, SKIP TO THE
INTRODUCTION TO Q15.

The next question asks about accepted methods of testing for TB in your district. For the purposes of this question, ‘testing’ refers to a clinical test for TB, such as a skin test or a TB-specific blood test.

14. Which method does your district accept as evidence that a student does not have TB?

MARK ALL THAT APPLY

PPD skin test done by Mantoux method.....1

A negative skin test not otherwise specified.....2

A negative chest x-ray3

A negative blood test
(i.e., interferon-gamma release assays, such as
QuantiFERON-TB or T-SPOT.TB).....4

Letter from a physician stating that the
student is free of TB5

Procedures for Student Medications

The next questions ask about your district’s policies regarding who may administer medications to students at school.

15. Does your district allow **standing orders** for administration of ...
- | | Yes | No |
|---|-----|----|
| a. Quick-relief inhalers?..... | 1 | 2 |
| b. Epinephrine auto-injectors, such as EpiPen®? | 1 | 2 |
| c. Insulin?..... | 1 | 2 |

Commented [HELP6]: “Standing orders” refer to written and approved medication protocols or orders that can be exercised by other healthcare workers when predetermined conditions have been met.

16. Has your district adopted a policy stating that some students may **carry and self-administer...**
- | | Yes | No |
|---|-----|----|
| a. A prescription quick-relief inhaler? | 1 | 2 |
| b. An epinephrine auto-injector, such as an EpiPen®?..... | 1 | 2 |
| c. Insulin or other injected medications? | 1 | 2 |
| d. Any other prescribed medications?..... | 1 | 2 |
| e. Any over-the-counter medications ?..... | 1 | 2 |

Commented [HELP7]: For the purposes of this question, “carry and self-administer” means students keep their medications with them and self-administer the medications. Please do not include students going to an adult at the school to obtain their medications before self-administering.

17. Has your district adopted a policy related to who may administer...
- | | Yes | No |
|---|-----|----|
| a. Prescription medications to a student at school?..... | 1 | 2 |
| b. Over-the-counter medications to a student at school?..... | 1 | 2 |

Commented [HELP8]: Over-the-counter medications are, for example, non-prescription cough syrup or decongestants.

18. Has your district adopted a policy stating that when someone who is not a licensed healthcare professional administers **prescription** medications to students, they must be...

- | | Yes | No |
|---|-----|----|
| a. Licensed or certified to administer medications? | 1 | 2 |
| b. Trained to administer medications? | 1 | 2 |

19. Has your district adopted a policy stating that when someone who is not a licensed healthcare professional administers **over-the-counter** medications to students, they must be...

- | | Yes | No |
|---|-----|----|
| a. Licensed or certified to administer medications? | 1 | 2 |
| b. Trained to administer medications? | 1 | 2 |

Procedures for Student Medications

- 20. Has your district adopted a policy stating that schools will have written instructions from the physician or prescriber before school nurses, teachers, or any other school staff may administer **prescription** medications to a student?
 - Yes1
 - No.....2
 - No school staff may administer prescription medications3

- 21. Has your district adopted a policy stating that schools will have written instructions from the physician or prescriber before school nurses, teachers, or any other school staff may administer **over-the-counter** medications to a student?
 - Yes1
 - No.....2
 - No school staff may administer over-the-counter medications.....3

- 22. Has your district adopted a policy stating that schools will have a written request from the parent or guardian before school nurses, teachers, or any other school staff may administer **prescription** medications to a student?
 - Yes1
 - No.....2
 - No school staff may administer prescription medications3

- 23. Has your district adopted a policy stating that schools will have a written request from the parent or guardian before school nurses, teachers, or any other school staff may administer **over-the-counter** medications to a student?
 - Yes1
 - No.....2
 - No school staff may administer over-the-counter medications.....3

Procedures for Student Medications

24. Has your district adopted a policy stating that schools will have written information on possible side-effects before school nurses, teachers, or any other school staff may administer **prescription** medications to a student?
- Yes1
- No.....2
- No school staff may administer prescription medications3
25. Has your district adopted a policy stating that schools will have written information on possible side-effects before school nurses, teachers, or any other school staff may administer **over-the-counter** medications to a student?
- Yes1
- No.....2
- No school staff may administer over-the-counter medications.....3

Medicaid

The next question asks about Medicaid reimbursement for health services that schools might provide to students.

26. Does your district receive Medicaid reimbursement for eligible health services provided to... (Do not include services provided at school-based health centers.)
- | | Yes | No |
|--|-----|----|
| a. Students with IEPs or 504 plans?..... | 1 | 2 |
| b. Other eligible students?..... | 1 | 2 |

Commented [HELP9]: “Eligible health services” are those reimbursable under State approved Medicaid Fee-for-Service or Medicaid School District Administrative Claiming. Examples include physical therapy, speech therapy, or nursing services such as vision testing or administration of insulin.

Commented [HELP10]: An IEP is a document written by school administrators, teachers, and parents which identifies annual goals, strategies, or services provided for a student with special education needs.

Commented [HELP11]: A 504 plan is a document that describes a program of instructional services to assist students with special needs who are in a regular education setting.

Collaboration and Promotion

The next questions ask about collaboration on health services and counseling, psychological, or social services activities with other district-level staff and outside organizations. Health services include such services as screenings, administration of medication, and school-based management of acute and chronic conditions. These services are usually provided by school nurses. Counseling, psychological, or social services include such services as crisis intervention, identification of emotional disorders, or assistance with enrolling in Medicaid. These services usually are provided by a school counselor, psychologist, or social worker, but also could be provided at the school by staff from collaborating community agencies.

27. During the past 12 months, have district-level **health services** staff worked on school health services activities with district-level...

	Yes	No	No district-level staff in this area
a. Health education staff?	1.....2.....3		
b. Physical education staff?.....	1.....2.....3		
c. Nutrition or food service staff?	1.....2.....3		
d. Counseling, psychological, or social services staff?.....	1.....2.....3		
e. School-based health center staff?.....	1.....2.....3		

Commented [HELP12]: "Worked on school health services activities with" means collaborated with on school health services activities or worked with to coordinate school health services activities.

28. During the past 12 months, have district-level **counseling, psychological, or social services** staff worked on school counseling, psychological, or social services activities with district-level...

	Yes	No	No district-level staff in this area
a. Health education staff?	1.....2.....3		
b. Physical education staff?.....	1.....2.....3		
c. Nutrition or food service staff?	1.....2.....3		
d. Health services staff?	1.....2.....3		
e. School-based health center staff?.....	1.....2.....3		

Commented [HELP13]: "Worked on school counseling, psychological, or social services activities with" means collaborated with on counseling, psychological, or social services activities or worked with to coordinate counseling, psychological, or social services activities.

Collaboration and Promotion

29. During the past 12 months, have district-level health services staff worked on school health services activities with staff or members from...

Yes **No**

- a. A health organization, such as the American Heart Association or the American Red Cross? 1 2
- b. The state health department? 1 2
- c. A local health department? 1 2
- d. A local mental health or social services agency?..... 1 2
- e. A local juvenile justice department?..... 1 2
- f. A local college or university? 1 2
- g. A local business?..... 1 2
- h. A local child welfare agency?..... 1 2
- i. A local hospital? 1 2
- j. A local service club, such as the Rotary Club?..... 1 2
- k. A community-based organization that provides sexual and reproductive health services? 1 2
- l. A community healthcare provider?..... 1 2

Commented [HELP14]: “Worked on school health services activities with” means collaborated with on school health services activities or worked with to coordinate school health services activities.

30. During the past 12 months, have district counseling, psychological, or social services staff worked on school counseling, psychological, or social services activities with staff or members from...

Yes **No**

- a. A health organization, such as the American Heart Association or the American Red Cross? 1 2
- b. The state health department? 1 2
- c. A local health department? 1 2
- d. A local mental health or social services agency?..... 1 2
- e. A local juvenile justice department?..... 1 2
- f. A local college or university? 1 2
- g. A local business?..... 1 2
- h. A local child welfare agency?..... 1 2
- i. A local hospital? 1 2
- j. A local law enforcement agency?..... 1 2
- k. A local service club, such as the Rotary Club?..... 1 2

Commented [HELP15]: Examples of community healthcare providers include primary care providers, Federally Qualified Health Centers (FQHCs), and other community clinics.

Commented [HELP16]: “Worked on counseling, psychological, or social services activities with” means collaborated with on counseling, psychological, or social services activities or worked with to coordinate counseling, psychological, or social services activities.

Collaboration and Promotion

(QUESTION 30 CONTINUED)

1. A dropout prevention organization, such as
Communities In Schools?12

Commented [HELP17]: Communities in Schools is a dropout prevention organization that links community resources with schools.

Evaluation

The next questions ask about different aspects of your district's school health services program that might have been evaluated during the past two years.

31. During the past two years, have your district's health services policies been reviewed or updated?
Yes.....1
No.....2
32. During the past two years, has student use of school health services in your district been measured or monitored?
Yes.....1
No.....2
33. During the past two years, has student or family satisfaction with school health services in your district been measured or monitored?
Yes.....1
No.....2
34. During the past two years, have any of your district's professional development or in-service programs for health services staff been evaluated?
Yes.....1
No.....2
District did not have any professional development or in-service programs during the past two years3

The next questions ask about different aspects of your district's counseling, psychological, or social services program that might have been evaluated during the past two years.

35. During the past two years, have your district's counseling, psychological, or social services policies been reviewed or updated?
Yes.....1
No.....2

Evaluation

36. During the past two years, has student use of school counseling, psychological, or social services in your district been measured or monitored?
Yes1
No.....2
37. During the past two years, has student or family satisfaction with school counseling, psychological, or social services in your district been measured or monitored?
Yes1
No.....2
38. During the past two years, have any of your district’s professional development or in-service programs for counseling, psychological, or social services staff been evaluated?
Yes1
No.....2
District did not have any professional development or in-service programs during the past two years3

Injury and Illness Reports

The next question asks about your district’s policy regarding student injury reports.

39. Has your district adopted a policy stating that schools will submit student injury report data to the school district or local health department?
- Yes1
- No.....2
- Schools in our district do not complete injury reports3

The next question asks about your district’s policy regarding students who experience a serious illness at school. For the purposes of this question, “serious illness” means one requiring emergency medical services (EMS) response or immediate care by a physician or other healthcare professional.

40. Has your district adopted a policy stating that schools will complete a report when a student experiences a serious illness at school?
- Yes1
- No.....2

Commented [HELP18]: Healthcare professionals are any nurse, physician’s assistant, EMT staff or other staff certified to perform health-related services.

The next questions ask about other reporting requirements your district might have.

41. Are schools in your district required to submit information on student weight status, such as body mass index (BMI), to the state, school district, or local health department?
- Yes1
- No.....2
42. Does your district or local health department have real-time access to student attendance or absenteeism information for all schools in the district?
- Yes1
- No.....2
43. Are schools in your district required to submit information to the school district or local health department on the reasons for student absences?
- Yes1
- No.....2

Commented [HELP19]: Real-time access means that this information is available on the same day it occurs.

Injury and Illness Reports

44. Does your district recommend that schools use a specified electronic system for reporting student attendance or absenteeism information?

Yes1

No.....2

45. Are schools in your district required to close or dismiss all students when the percentage of absent students or staff reaches a specified level?

Yes1

No.....2

Standard Precautions

The next question asks about your district’s policy regarding the availability of supplies for the application of standard precautions.

46. Has your district adopted a policy stating that supplies for applying standard or universal precautions, including disposable gloves and bandages, will be available...

	Yes	No
a. In all classrooms?.....	1	2
b. In the gymnasium, on playgrounds, or on playing fields?.....	1	2
c. In the cafeteria?.....	1	2
d. On school buses or in other vehicles used to transport students?.....	1	2

Screening

The next questions are about district policies on student health screenings. For the purposes of these questions, “student health screenings” means screenings conducted for most students in the school or in certain grades at the school. Please do not include screenings conducted for special populations of students, for example screenings conducted only for special education students.

47. Has your district adopted a policy stating that schools will screen students for **hearing** problems?
Yes1
No.....2 →SKIP TO Q51
48. Has your district adopted a policy stating that a student’s **parents or guardians** will be notified when the student’s hearing screening indicates a potential problem?
Yes1
No.....2
49. Has your district adopted a policy stating that a student’s **teacher** will be notified when the student’s hearing screening indicates a potential problem?
Yes1
No.....2
50. Has your district adopted a policy stating that schools must provide referrals to community healthcare providers when the student’s hearing screening indicates a potential problem?
Yes1
No.....2
51. Has your district adopted a policy stating that schools will screen students for **vision** problems?
Yes1
No.....2 →SKIP TO Q55

Screening

52. Has your district adopted a policy stating that a student’s **parents or guardians** will be notified when the student’s vision screening indicates a potential problem?
Yes1
No.....2
53. Has your district adopted a policy stating that a student’s **teacher** will be notified when the student’s vision screening indicates a potential problem?
Yes1
No.....2
54. Has your district adopted a policy stating that schools must provide referrals to community healthcare providers when the student’s vision screening indicates a potential problem?
Yes1
No.....2
55. Has your district adopted a policy stating that schools will screen students for **oral health** problems?
Yes1
No.....2 →SKIP TO Q59
56. Has your district adopted a policy stating that a student’s **parents or guardians** will be notified when the student’s oral health screening indicates a potential problem?
Yes1
No.....2
57. Has your district adopted a policy stating that a student’s **teacher** will be notified when the student’s oral health screening indicates a potential problem?
Yes1
No.....2
58. Has your district adopted a policy stating that schools must provide referrals to community healthcare providers when the student’s oral health screening indicates a potential problem?
Yes1
No.....2

Screening

59. Has your district adopted a policy stating that schools will screen students for **weight status using body mass index (BMI)**?
- Yes1
- No.....2 →SKIP TO Q62
60. Has your district adopted a policy stating that a student’s **parents or guardians** will be notified when the student’s weight status screening indicates a potential problem?
- Yes1
- No.....2
61. Has your district adopted a policy stating that schools must provide referrals to community healthcare providers when the student’s weight status screening indicates a potential problem?
- Yes1
- No.....2
62. Has your district adopted a policy stating that schools will screen students for **mental health problems**?
- Yes1
- No.....2 →SKIP TO THE INTRODUCTION TO Q66
63. Has your district adopted a policy stating that a student’s **parents or guardians** will be notified when the student’s mental health screening indicates a potential problem?
- Yes1
- No.....2
64. Has your district adopted a policy stating that a student’s **teacher** will be notified when the student’s mental health screening indicates a potential problem?
- Yes1
- No.....2
65. Has your district adopted a policy stating that schools must provide referrals to community healthcare providers when the student’s mental health screening indicates a potential problem?
- Yes1
- No.....2

Provision of Other Services

The next questions ask about services that might be provided to students.

66. Has your district adopted a policy stating that schools will **provide** each of the following services to students?

	Yes	No
a. First aid	1	2
b. Cardiopulmonary resuscitation (CPR).....	1	2
c. Administration of medications.....	1	2
d. Seasonal influenza vaccine	1	2
e. Human papillomavirus (HPV) vaccine.....	1	2
f. Immunizations other than human papillomavirus (HPV) and seasonal influenza	1	2
g. Identification or school-based management of acute illnesses	1	2
h. Identification or school-based management of chronic health conditions, such as asthma or diabetes.....	1	2
i. Instruction on self-management of chronic health conditions, such as asthma or diabetes	1	2
j. Tracking of students with chronic health conditions, such as asthma or diabetes.....	1	2
k. Case management for students with chronic health conditions, such as asthma or diabetes	1	2
l. Case management for students with disabilities	1	2
m. Administration of sports physicals.....	1	2
n. Identification of oral health problems.....	1	2
o. Administration of topical fluorides, such as mouthrinses, varnish, or supplements	1	2
p. Application of dental sealants.....	1	2
q. Tobacco use cessation.....	1	2
r. Alcohol or other drug use treatment	1	2
s. Counseling after a natural disaster or other emergency or crisis situation	1	2
t. Crisis intervention for personal problems.....	1	2
u. Identification of emotional or behavioral disorders, such as anxiety, depression, or ADHD.....	1	2

Commented [HELP20]: For the purposes of this question, “tracking” means keeping track of such things as symptoms at school, non-participation in physical education or activities, and absences due to chronic conditions.

Commented [HELP21]: For the purposes of this question, “case management” means wide-ranging assistance, such as helping the student access needed services, providing counseling and anticipatory guidance, briefing the student’s family members about necessary care, and helping the student learn and implement self-management of his or her condition or disability.

Commented [HELP22]: For the purposes of this question, “case management” means wide-ranging assistance, such as helping the student access needed services, providing counseling and anticipatory guidance, briefing the student’s family members about necessary care, and helping the student learn and implement self-management of his or her condition or disability.

Commented [HELP23]: For the purposes of this question, “crisis intervention for personal problems” means situations such as the death of a loved one or the loss of a home due to fire.

Commented [HELP24]: ADHD is attention-deficit/hyperactivity disorder.

Provision of Other Services

(QUESTION 66 CONTINUED)

- v. Counseling for emotional or behavioral disorders, such as anxiety, depression, or ADHD12
 - w. Stress management.....12
 - x. Weight management12
 - y. Identification of eating disorders12
 - z. Identification of physical, sexual, or emotional abuse12
 - aa. Identification of students with family problems, such as parental divorce, substance abuse, or violence12
 - bb. Assistance with enrolling in WIC or SNAP, or accessing food stamps or food banks12
 - cc. Assistance with securing temporary or permanent housing.....12
 - dd. Assistance with enrolling in Medicaid or SCHIP.....12
 - ee. Assistance with accessing benefits for students with disabilities12
- ANSWER Q66ff–Q66ll IF DISTRICT CONTAINS MIDDLE OR HIGH SCHOOLS. OTHERWISE SKIP TO THE INTRODUCTION TO Q67.
- ff. Job readiness skills programs.....12
 - gg. HIV testing12
 - hh. STD testing12
 - ii. STD treatment12
 - jj. Pregnancy testing12
 - kk. Provision of condom-compatible lubricant12
 - ll. Provision of contraceptives other than condoms12

Commented [HELP25]: ADHD is attention-deficit/hyperactivity disorder.

Commented [HELP26]: WIC is the Women, Infants, and Children’s Supplemental Nutrition Program.

Commented [HELP27]: SNAP is the Supplemental Nutrition Assistance Program.

Commented [HELP28]: SCHIP is the State Children’s Health Insurance Program.

Commented [HELP29]: HIV is human immunodeficiency virus.

Commented [HELP30]: STD is sexually transmitted disease.

Commented [HELP31]: STD is sexually transmitted disease.

Provision of Other Services

ANSWER Q67 IF DISTRICT CONTAINS MIDDLE SCHOOLS. OTHERWISE, SKIP TO Q68.

67. Which of the following best describes your district's policy related to condom availability in middle schools?

Middle schools are required to make condoms available to students.1

Middle schools are neither required nor prohibited from making condoms available to students.2

Middle schools are prohibited from making condoms available to students.3

ANSWER Q68 IF DISTRICT CONTAINS HIGH SCHOOLS. OTHERWISE, SKIP TO THE INTRODUCTION TO Q69.

68. Which of the following best describes your district's policy related to condom availability in high schools?

High schools are required to make condoms available to students.1

High schools are neither required nor prohibited from making condoms available to students.2

High schools are prohibited from making condoms available to students.3

Provision of Other Services

The next questions ask about referrals that schools might provide to students.

69. Has your district adopted a policy stating that schools will provide **referrals** for...

	Yes	No
a. Seasonal influenza vaccine?	1	2
b. Human papillomavirus (HPV) vaccination?.....	1	2
c. Immunizations other than human papillomavirus (HPV) and seasonal influenza?	1	2
d. Acute illnesses?	1	2
e. Chronic health conditions, such as asthma or diabetes?.....	1	2
f. Sports physicals?	1	2
g. Oral healthcare?	1	2
h. Administration of topical fluorides, such as mouthrinses, varnish, or supplements?	1	2
i. Application of dental sealants?	1	2
j. Tobacco use cessation?	1	2
k. Alcohol or other drug use treatment?	1	2
l. Counseling after a natural disaster or other emergency or crisis situation?	1	2
m. Crisis intervention for personal problems?	1	2
n. Emotional or behavioral disorders, such as anxiety, depression, or ADHD?	1	2
o. Stress management?	1	2
p. Weight management?	1	2
q. Services for eating disorders?	1	2
r. Services for physical, sexual, or emotional abuse?	1	2
s. Services for students with family problems, such as parental divorce, substance abuse, or violence?	1	2
t. Assistance with enrolling in WIC or SNAP, or accessing food stamps or food banks?	1	2
u. Assistance with securing temporary or permanent housing?	1	2
v. Assistance with enrolling in Medicaid or SCHIP?	1	2

Commented [HELP32]: For the purposes of this question, “crisis intervention for personal problems” means situations such as the death of a loved one or the loss of a home due to fire.

Commented [HELP33]: ADHD is attention-deficit/hyperactivity disorder.

Commented [HELP34]: WIC is the Women, Infants, and Children’s Supplemental Nutrition Program.

Commented [HELP35]: SNAP is the Supplemental Nutrition Assistance Program.

Commented [HELP36]: SCHIP is the State Children’s Health Insurance Program.

Provision of Other Services

(QUESTION 69 CONTINUED)

- w. Assistance with accessing benefits for students with disabilities?12
- x. After-school programs for students, such as supervised recreation?.....12

ANSWER Q69y-Q69jj IF DISTRICT CONTAINS MIDDLE OR HIGH SCHOOLS. OTHERWISE SKIP TO THE INTRODUCTION TO Q70.

- y. Job readiness skills programs?12
- z. HIV testing?12
- aa. HIV treatment?12
- bb. STD testing?12
- cc. STD treatment?12
- dd. Pregnancy testing?12
- ee. Condoms?.....12
- ff. Condom-compatible lubricant?12
- gg. Prenatal care?.....12
- hh. Contraceptives other than condoms?12
- ii. Child care for teen parents?12
- jj. nPEP (non-occupational post-exposure prophylaxis for HIV)?12

Commented [HELP37]: HIV is human immunodeficiency virus.

Commented [HELP38]: HIV is human immunodeficiency virus.

Commented [HELP39]: HIV treatment is ongoing medical care for persons living with HIV.

Commented [HELP40]: STD is sexually transmitted disease.

Commented [HELP41]: STD is sexually transmitted disease.

Commented [HELP42]: HIV is human immunodeficiency virus.

Commented [HELP43]: A short course of medicine given within 72 hours of exposure to body fluids from a person known to be HIV positive.

Provision of Other Services

The next questions ask about health services that might be provided in one-on-one or small group sessions by any school staff, but not as part of classroom instruction.

70. Has your district adopted a policy stating that schools will provide...
- | | Yes | No |
|--|-----|----|
| a. Nutrition and dietary behavior counseling?..... | 1 | 2 |
| b. Physical activity and fitness counseling?..... | 1 | 2 |
| c. Pregnancy prevention?..... | 1 | 2 |
| d. HIV prevention?..... | 1 | 2 |
| e. STD prevention? | 1 | 2 |
| f. Suicide prevention?..... | 1 | 2 |
| g. Tobacco use prevention?..... | 1 | 2 |
| h. Alcohol or other drug use prevention?..... | 1 | 2 |
| i. Violence prevention, for example bullying, fighting, or dating violence prevention? | 1 | 2 |
| j. Injury prevention and safety counseling? | 1 | 2 |

Commented [HELP44]: HIV is human immunodeficiency virus.

Commented [HELP45]: STD is sexually transmitted disease.

Student assistance programs provide services designed to assist students experiencing personal or social problems that can impact school performance, physical health, mental health, or overall well-being.

71. Has your district adopted a policy stating that student assistance programs will be offered to all students?
- Yes.....1
- No.....2

Some schools have a team of school staff who collaborate to provide assistance to students with disabilities or those who are experiencing academic difficulties or behavioral problems. These sometimes are called student support teams, student assistance teams, or student guidance teams.

72. Has your district adopted a policy stating that schools will create and maintain such teams?
- Yes.....1
- No.....2

Provision of Other Services

73. Has your district adopted a policy stating that **school nurses** will participate in the development of Individualized Education Programs (IEPs) when indicated?

- Yes1
- No.....2

Commented [HELP46]: An IEP is a document written by school administrators, teachers, and parents which identifies annual goals, strategies, or services provided for a student with special education needs.

74. Has your district adopted a policy stating that **school counseling, psychological, or social services staff** will participate in the development of Individualized Education Programs (IEPs) when indicated?

- Yes1
- No.....2

Commented [HELP47]: An IEP is a document written by school administrators, teachers, and parents which identifies annual goals, strategies, or services provided for a student with special education needs.

75. Has your district adopted a policy stating that **school nurses** will participate in the development of 504 plans, when indicated?

- Yes1
- No.....2

Commented [HELP48]: A 504 plan is a document that describes a program of instructional services to assist students with special needs who are in a regular education setting.

76. Has your district adopted a policy stating that **school counseling, psychological, or social services staff** will participate in the development of 504 plans, when indicated?

- Yes1
- No.....2

Commented [HELP49]: A 504 plan is a document that describes a program of instructional services to assist students with special needs who are in a regular education setting.

77. Has your district adopted a policy stating that **school counseling, psychological, or social services staff** will participate in the development of Individualized Health Plans (IHPs), when indicated?

- Yes1
- No.....2

Commented [HELP50]: An IHP is a document identifying a student's health problems, diagnoses, goals, the interventions provided, and evaluation criteria.

78. Has your district adopted a policy stating that health services staff will follow "Do Not Resuscitate" (DNR) orders?

- Yes1
- No.....2

Staffing Characteristics

The next questions ask about your district’s education requirements for **newly hired** health services staff.

79. Based on policies adopted by your district, what is the minimum level of education required for a **newly hired** school nurse?

- Associate’s degree in nursing1
- Undergraduate/baccalaureate degree in nursing (e.g. BSN)2
- Graduate degree in nursing3
- Other (Specify)4
- Specific education requirements are not described5

80. Based on policies adopted by your district, is a **newly hired** school nurse required to have a...

- | | Yes | No |
|--|-----|----|
| a. Licensed Practical Nurse’s (LPN) license?.....1 | 1 | 2 |
| b. Registered Nurse’s (RN) license?.....1 | 1 | 2 |

81. Based on policies adopted by your district, is a **newly hired** school nurse required to have...

- | | Yes | No | N/A |
|---|-----|----|-----|
| a. A national school nurse certification from the National Board for Certification of School Nurses?.....1..... | 1 | 2 | |
| b. A state school nurse certification? | 1 | 2 | 3 |

Staffing Characteristics

The next questions ask about the minimum level of education required for counseling, psychological, and social services staff in your district.

82. Based on policies adopted by your district, what is the minimum level of education required for a **newly hired** school counselor?

- Undergraduate degree in counseling.....1
- Master's degree in counseling2
- Other degree (Specify).....3
- Specific education requirements are not described4

Commented [HELP51]: Do not include school counselors who provide only academic counseling or college or career placement.

83. Has your district adopted a policy stating that a **newly hired** school counselor will be licensed, certified, or credentialed by a state agency or board?

- Yes1
- No.....2
- State does not license, certify, or credential school counselors3

Commented [HELP52]: Do not include school counselors who provide only academic counseling or college or career placement.

84. Based on policies adopted by your district, what is the minimum level of education required for a **newly hired** school psychologist?

- Undergraduate degree in psychology1
- Master's degree in psychology2
- Doctoral degree in psychology3
- Other degree (Specify).....4
- Specific education requirements are not described5

85. Has your district adopted a policy stating that a **newly hired** school psychologist will be licensed, certified, or credentialed by a state agency or board?

- Yes1
- No.....2
- State does not license, certify, or credential school psychologists.....3

Staffing Characteristics

86. Based on policies adopted by your district, what is the minimum level of education required for a **newly hired** school social worker?
- Undergraduate degree in social work1
 - Master’s degree in social work2
 - Other degree (Specify).....3
 - Specific education requirements are not described4
87. Has your district adopted a policy stating that a **newly hired** school social worker will be licensed, certified, or credentialed by a state agency or board?
- Yes1
 - No.....2
 - State does not license, certify, or credential school social workers3
88. Has your district adopted a policy stating that school counseling, psychological, or social services staff are required to earn continuing education credits on **counseling, psychological, or social services topics**?
- Yes1
 - No.....2

The next questions ask about your district’s policies for staffing schools with health services staff.

89. Has your district adopted a policy specifying a maximum student-to-school nurse ratio?
- Yes1
 - No.....2
90. Has your district adopted a policy stating that **each school** will have a specified ratio of school nurses to students?
- Yes1
 - No.....2

Staffing Characteristics

91. Has your district adopted a policy stating that **each school** will have someone to oversee or coordinate health services at the school?

- Yes1
- No.....2

92. Has your district adopted a policy stating that each school will have a **full-time school nurse**?

- Yes1 → IF YES, SKIP TO Q94
- No.....2

Commented [HELP53]: A full-time school nurse means that a nurse is at the school during all school hours, 5 days per week.

93. Has your district adopted a policy stating that each school will have at least a **part-time school nurse**?

- Yes1
- No.....2

Commented [HELP54]: A part-time nurse means that a nurse is at the school less than 5 days a week, less than all school hours, or both.

94. Does your district employ or contract with a physician or nurse practitioner who can be contacted to consult as needed during the school day?

- Yes1
- No.....2

The next questions ask about your district’s policies for staffing schools with counselors. Do not include school counselors who provide only academic counseling or college or career placement.

ANSWER Q95 IF DISTRICT CONTAINS ELEMENTARY SCHOOLS. OTHERWISE, SKIP TO THE INSTRUCTIONS BEFORE Q96.

95. Has your district adopted a policy stating that each **elementary school** will have a specified ratio of **counselors** to students?

- Yes1
- No.....2

Commented [HELP55]: Do not include school counselors who provide only academic counseling or college or career placement.

Services at Other Sites

(QUESTION 111 CONTINUED)

t. Stress management?12

u. Weight management?.....12

v. Services for eating disorders?12

w. Services for physical, sexual, or emotional abuse?.....12

x. Services for students with family problems, such as parental divorce, substance abuse, or violence?12

y. After-school programs for students, such as supervised recreation?.....12

z. Child care for teen parents?12

aa. Assistance with enrolling in **WIC** or **SNAP**, or accessing food stamps or food banks?.....12

bb. Assistance with securing temporary or permanent housing?....12

cc. Assistance with enrolling in Medicaid or **SCHIP**?12

dd. Assistance with accessing benefits for students with disabilities?.....12

ee. Job readiness skills programs?.....12

ff. **HIV** testing?12

gg. **HIV** treatment?12

hh. nPEP (non-occupational post-exposure prophylaxis for HIV)?12

ii. **STD** testing?12

jj. **STD** treatment?12

kk. Pregnancy testing?12

ll. **Lab tests** other than for **HIV**, other **STDs**, or pregnancy?.....12

mm. Prenatal care?.....12

nn. Provision of condoms?12

oo. Provision of condom-compatible lubricant?12

pp. Provision of contraceptives other than condoms?12

Commented [HELP94]: WIC is the Women, Infants, and Children’s Supplemental Nutrition Program.

Commented [HELP95]: SNAP is the Supplemental Nutrition Assistance Program.

Commented [HELP96]: SCHIP is the State Children’s Health Insurance Program.

Commented [HELP97]: HIV is human immunodeficiency virus.

Commented [HELP98]: HIV is human immunodeficiency virus.

Commented [HELP99]: HIV treatment is ongoing medical care for persons living with HIV

Commented [HELP100]: A short course of medicine given within 72 hours of exposure to body fluids from a person known to be HIV positive.

Commented [HELP101]: STD is sexually transmitted disease.

Commented [HELP102]: STD is sexually transmitted disease.

Commented [HELP103]: For the purposes of this question, lab tests are any tests for illness or infection requiring laboratory analyses.

Commented [HELP104]: HIV is human immunodeficiency virus.

Commented [HELP105]: STD is sexually transmitted disease.

Services at Other Sites

The next question asks about services provided at other sites to students in one-on-one or small group sessions.

112. Does your district have arrangements with any organizations or healthcare professionals to provide...

	Yes	No
a. Nutrition and dietary behavior counseling?.....	1	2
b. Physical activity and fitness counseling?.....	1	2
c. Pregnancy prevention?.....	1	2
d. HIV prevention?.....	1	2
e. STD prevention?	1	2
f. Suicide prevention?.....	1	2
g. Tobacco use prevention?.....	1	2
h. Alcohol or other drug use prevention?.....	1	2
i. Violence prevention, for example bullying, fighting, or dating violence prevention?	1	2
j. Injury prevention and safety counseling?	1	2

Commented [HELP106]: HIV is human immunodeficiency virus.

Commented [HELP107]: STD is sexually transmitted disease.

113. Does your district have arrangements with mental health or social services organizations or professionals to provide...

	Yes	No
a. Case management for students with emotional or behavioral problems?.....	1	2
b. Family counseling?.....	1	2
c. Group counseling?	1	2
d. Individual counseling?.....	1	2
e. Comprehensive assessment or intake evaluation?	1	2
f. Peer counseling or mediation?	1	2
g. Self-help or support groups?.....	1	2

Commented [HELP108]: For the purposes of this question, "case management" means wide-ranging assistance, such as helping the student access needed services, providing counseling and anticipatory guidance, briefing the student's family members about necessary care, and helping the student learn and implement self-management of his or her condition or disability.

Employee Wellness

The next questions ask about employee wellness activities or services. Employee wellness activities or services focus on prevention of physical illnesses or injuries, promotion of physical fitness, promotion of mental health, or other activities or services designed to assist faculty and staff experiencing problems that can impact job performance, physical health, or overall well-being. This study is interested in activities and services districts might provide to all faculty and staff regardless of what is covered through their health insurance.

114. During the past 12 months, has your district provided funding for or offered the following screenings or services for employees, regardless of what is covered through their health insurance?

	Yes	No
a. Body mass index (BMI) screening	1	2
b. Serum cholesterol screening	1	2
c. Blood pressure screening	1	2
d. Diabetes screening	1	2
e. Physical fitness assessment.....	1	2
f. Immunizations, for example influenza vaccines	1	2

Commented [HELP109]: For example, fitness assessments might include aerobic capacity, muscular strength and endurance, flexibility, or body composition.

Coordination

The last questions ask about coordination of services.

115. Currently, does someone in your district oversee or coordinate **school health services**?

- Yes1
- No.....2 →SKIP TO Q117

116. Are you the person in your district who oversees or coordinates **school health services**?

- Yes1
- No.....2

117. Currently, does someone in your district oversee or coordinate **school counseling, psychological, and social services**?

- Yes1
- No.....2 → IF Q116=1, THEN SKIP TO Q119; IF Q115=2 OR Q116=2, THEN SKIP TO END OF QUESTIONNAIRE

118. Are you the person in your district who oversees or coordinates **school counseling, psychological, and social services**?

- Yes1
- No.....2

IF BOTH Q116 and Q118 = 2 OR ARE SKIPPED APPROPRIATELY, THEN SKIP TO END OF QUESTIONNAIRE.

This last question asks about your educational background.

119. Do you have a degree (undergraduate major or minor or graduate degree) in the following areas (MARK ALL THAT APPLY)?

- Nursing.....1
- Public health.....2
- Biology.....3
- Healthcare administration or business4
- Counseling5
- Psychology6

Coordination

Social work7
Other science8
Education9
None of these10

Thank you very much for taking the time to participate in this study.

If you would like more information about this study or would like clarification of any questions in this questionnaire, please call 800-287-1815.