

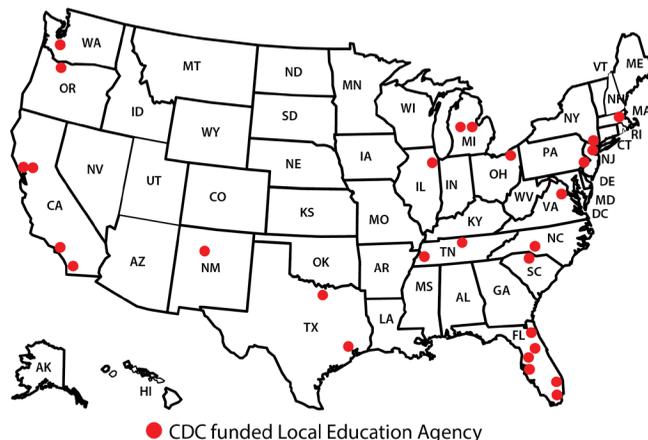
# CDC's Adolescent and School Health Program

Protecting our Nation's Youth from HIV, STDs and Pregnancy

## School Health Programs are Effective

### CDC's Youth HIV, STD & Pregnancy Prevention Program:

- Develops linkages between education and public health
- Delivers Quality Health Education
- Creates systems to link students to Health Services
- Establishes Safe and Supportive School Environments



**For less than \$10 per student,** CDC programs demonstrate improvements in behaviors and experiences that put students at risk for HIV, STD and pregnancy.

## CDC Support Increases Implementation of Effective Interventions

From 2014 to 2018, CDC funded school districts reported:



Increased implementation of quality **Sexual Health Education** to **88%** of middle schools and **93%** of high schools



Increased access to key youth friendly **Health Services** referring over **65,000** students



Increased **Safe and Supportive Environments** by expanding student-led inclusive clubs to **76%** of schools

## Together, increased implementation of these strategies led to reductions in population level sexual risk behaviors

From 2015 to 2017, CDC funded school districts saw statistically significant declines in the percentage of students who:

**Ever Had Sex**



**Were Currently Sexually Active**



**Had Four or More Lifetime Sexual Partners**



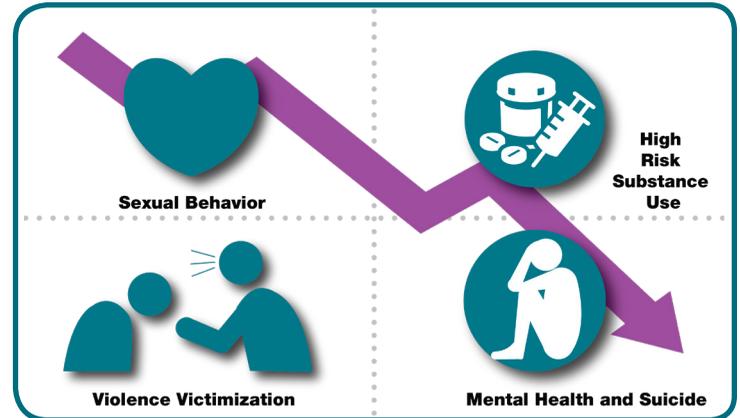
# CDC's Approach Improves Protective Factors and Health Outcomes

Well-implemented school connectedness strategies impact more than just sexual behaviors.

From 2014 to 2018, CDC funded districts implemented four key school connectedness strategies that led to declines in negative health behaviors and experiences among students.

## School connectedness interventions:

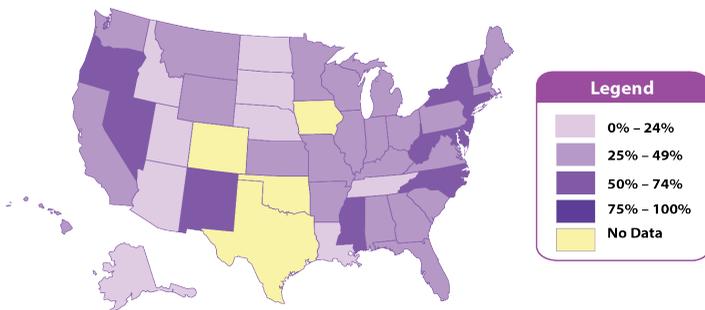
- Family/community mentoring programs
- Service learning opportunities
- Student-led clubs to provide safe spaces
- Professional development for educators on classroom management



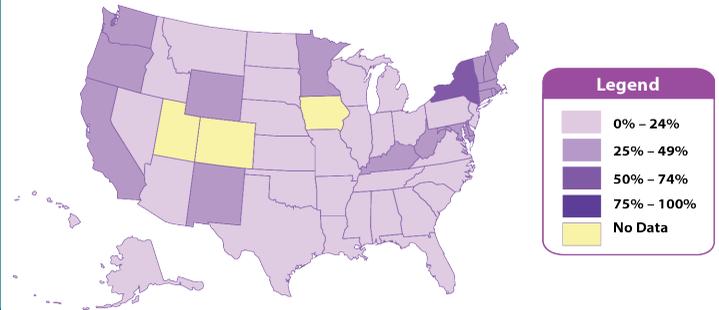
## Most Students Do Not Have Access to Effective School-based interventions

CDC Support only reaches about 8% of the 26 million middle and high school students nationwide.

Most schools are not teaching 11 key HIV, STD, and pregnancy prevention topics in a required course during middle and high school



Most schools do not provide students with on-site services or referrals to health care providers for 7 key sexual health services

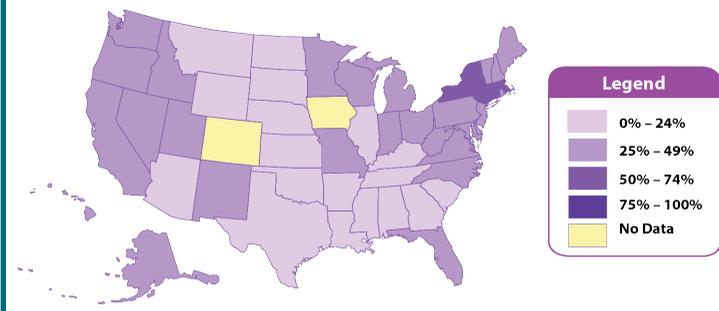


For More Information please visit:

[www.cdc.gov/healthyyouth](http://www.cdc.gov/healthyyouth)

[@CDC\\_DASH](https://twitter.com/CDC_DASH)

Most schools do not have a student-led inclusive club



U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention