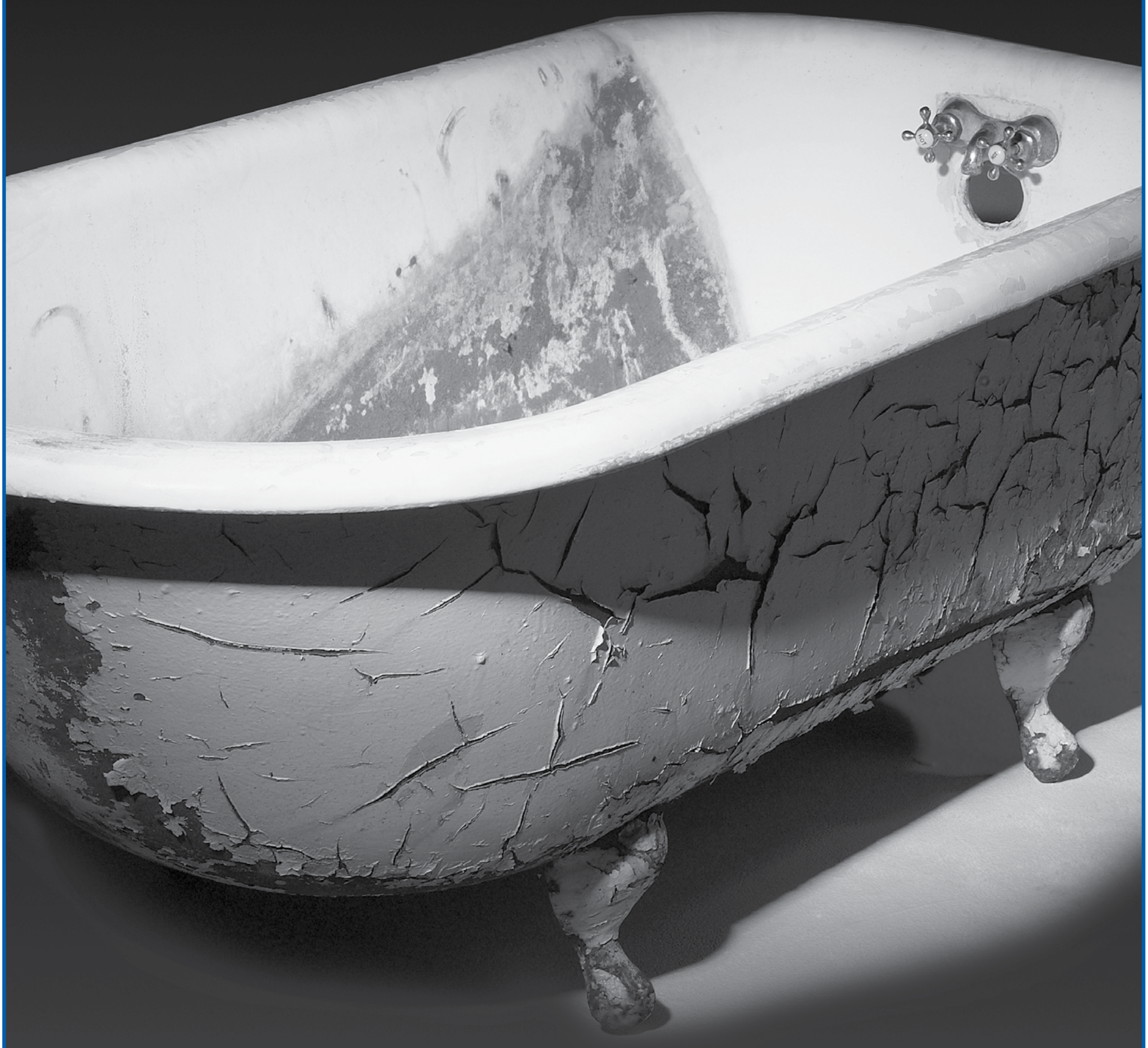
Don’t Swallow the Water

You wouldn’t drink the water someone else bathes in.
Why would you drink the water someone else swims in?



You share the water—and the germs, pee, sweat, and dirt in it—with everyone in the water.

Use the water for swimming, not drinking.

For more information, visit **www.cdc.gov/healthyswimming**

Department of Health and Human Services
Centers for Disease Control and Prevention