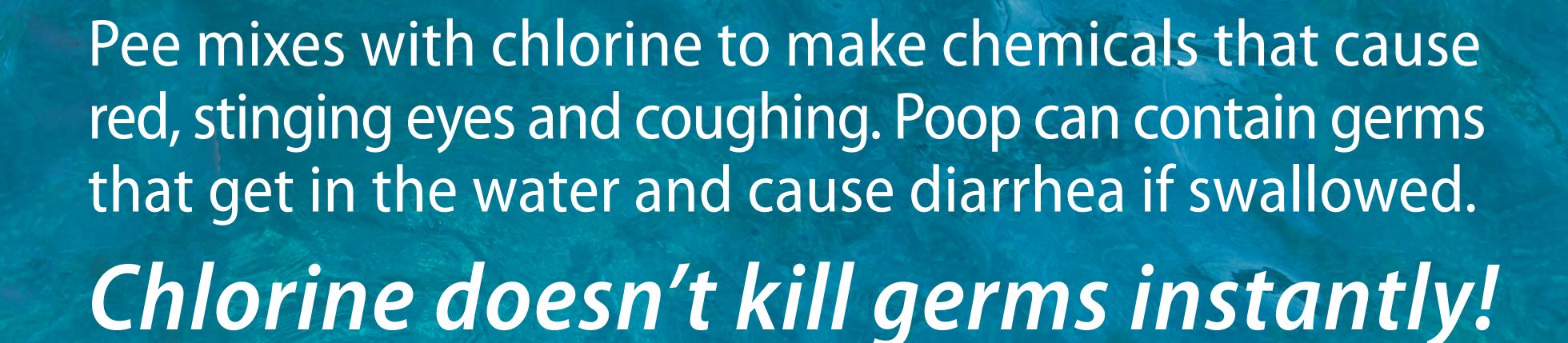
## **Take Frequent Bathroom Breaks:** Keep Pee and Poop Out of the Pool!





For more information, visit www.cdc.gov/healthyswimming



Department of Health and Human Services

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