MAKE A HEALTHY SPLASH!

Swallowing water at splash pads (also known as water playgrounds and spray pads/parks) can make you sick.

**Germs can get into the water from poop or when they rinse off a person's body or splash pad surfaces.**

**Swallowing water containing germs can make you sick with diarrhea.**

**KNOW BEFORE YOU GO:**

- Sprayed water typically gets drained, filtered, and disinfected before being sprayed again.
- Chlorine kills most germs within a few minutes, **not** instantly.
- Swim diapers don’t stop germs, poop, or pee from getting in the water.

**Keep germs, poop, and pee OUT of the water.**

**DO:**

- Stay out of the water if you are sick with diarrhea.
- Shower before getting in the water.
- Take kids on bathroom breaks or check diapers every hour.

**DON’T:**

- Swallow the water.
- Poop or pee in the water.
- Sit or stand on the jets. Sitting or standing on jets can rinse poop off your butt.

[cdc.gov/healthywater/swimming](http://cdc.gov/healthywater/swimming)