Make a Handwashing Solution

Remember, only use chlorine-based hand washing solutions when soap and water or alcohol-based hand rub are not available.

**Making handwashing solution from 5% liquid bleach**

1. Mix 14 tablespoons of 5% bleach into 20 liters of clear water every day. Stir well. Label plastic bucket for handwashing only / MILD 0.05%. Do not drink or use for cooking.

2. Make sure the bucket is covered. Use the MILD chlorine water to wash hands. Make new MILD chlorine water every day.

**Making handwashing solution from HTH chlorine powder**

1. Mix 1 tablespoon of HTH chlorine powder into 20 liters of water every day. Stir well. Label plastic bucket for handwashing only / MILD 0.05%. Do not drink or use for cooking.

2. Stir well and wait 30 minutes.

3. Use the MILD chlorine water to wash hands. Make new MILD chlorine water every day.

Do **NOT** drink chlorine water.
Do **NOT** put chlorine water in mouth or eyes.

[www.cdc.gov/handwashing](http://www.cdc.gov/handwashing)