How to prepare food safely

1. Wash your hands with treated water before you eat or cook.
2. Use treated water for cooking.
3. Cook food well, especially seafood.
4. Eat cooked food hot!
5. Only eat food you or someone you trust cooks.
6. Clean kitchen surfaces, pans, and utensils with soap and treated water.
7. Cover cooked food before storing. Reheat before eating.