



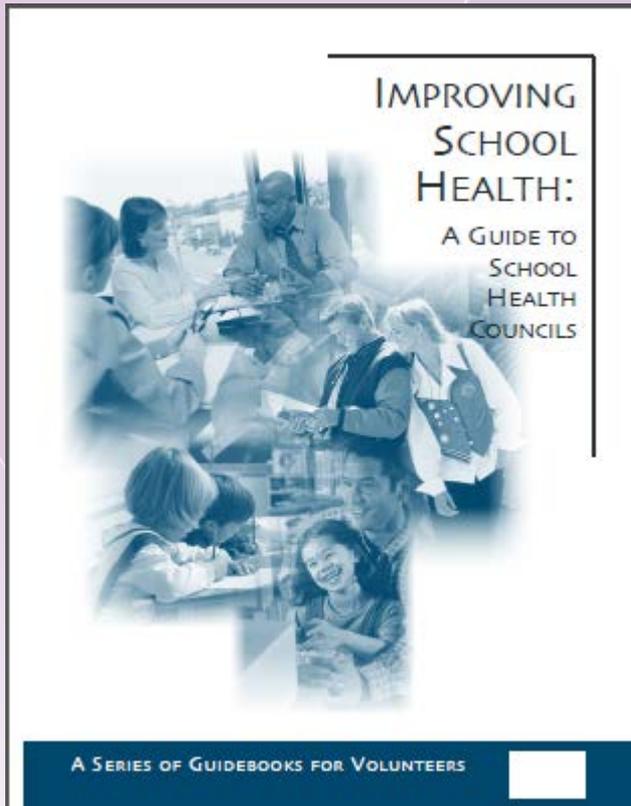
**DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR DISEASE CONTROL AND PREVENTION**



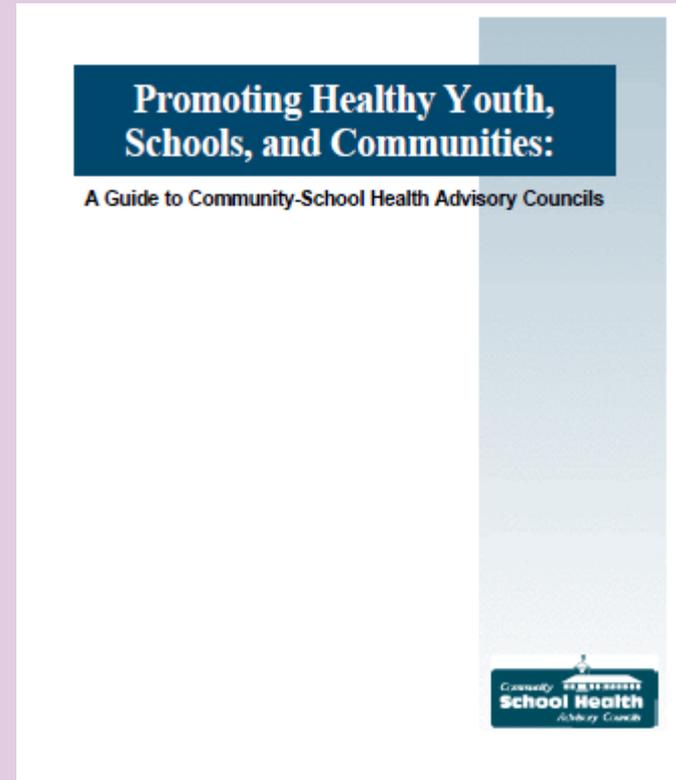
Tools for Schools



School Health Councils

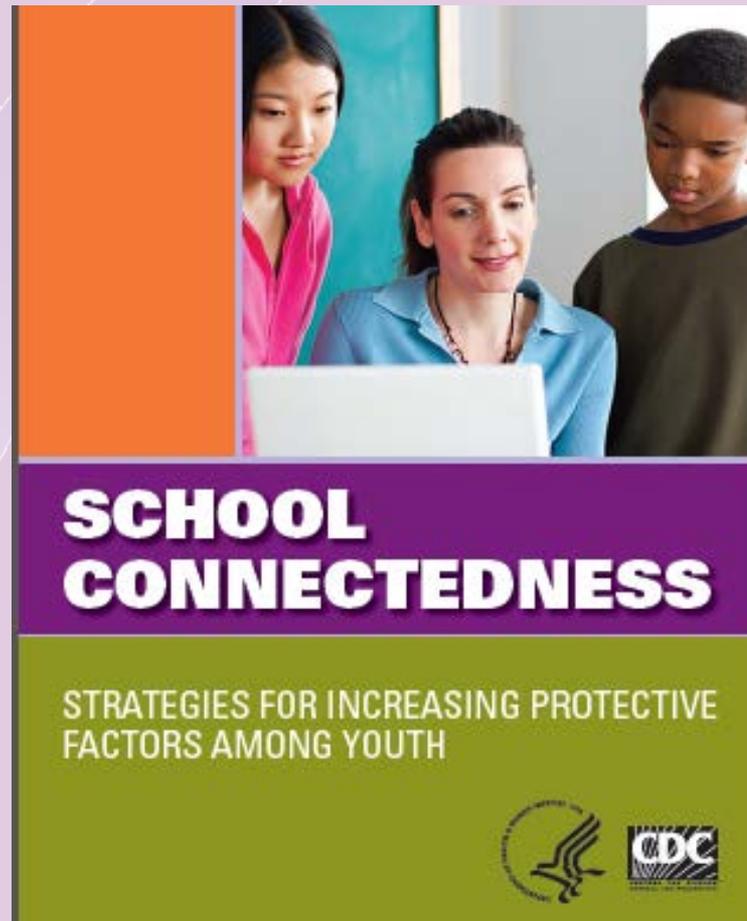


http://www.fns.usda.gov/tn/healthy/Ntl_Guide_to_SHAC.pdf



http://www.idph.state.ia.us/hpcdp/common/pdf/family_health/Covers.pdf

School Connectedness



<http://www.cdc.gov/healthyyouth/adolescenthealth/connectedness.htm>

Local Wellness Policies

The screenshot displays the Action for Healthy Kids website interface. At the top, there is a navigation menu with links for Home, About Us, Contact Us, and Media Center. Below this is the Action for Healthy Kids logo and a secondary navigation bar with links for Who We Are, For Schools, Upcoming Events, Get Involved, and In Yo. The main content area is titled "Wellness Policy Tool" and includes a "Getting Started" section with an eight-step circular diagram. The steps are: 1. Conduct Initial Homework, 2. Form the Development Team, 3. Assess the District's Needs, 4. Draft a Policy, 5. Build Awareness and Support, 6. Adopt the Policy, 7. Implement the Policy, and 8. Maintain, Measure, Evaluate. Below the diagram is a text block explaining the tool's purpose and a "PLEDGE!" button. A sidebar on the left contains a list of navigation options and a form for a pledge.

Home | About Us | Contact Us | Media Center

Action for Healthy Kids®

Who We Are | For Schools | Upcoming Events | Get Involved | In Yo

For Schools
Resources
Students Taking Charge
Game On!
ReCharge!
Wellness Policy Tool
Success Stories

Home > For Schools > Wellness Policy Tool

Wellness Policy Tool

Getting Started

Successful creation of a local wellness policy consists of the eight steps shown below. Click on a step to learn more about it.

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graph TD; 1[1. Conduct Initial Homework] --> 2[2. Form the Development Team]; 2 --> 3[3. Assess the District's Needs]; 3 --> 4[4. Draft a Policy]; 4 --> 5[5. Build Awareness and Support]; 5 --> 6[6. Adopt the Policy]; 6 --> 7[7. Implement the Policy]; 7 --> 8[8. Maintain, Measure, Evaluate]; 8 --> 1;
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EVERY KID HEALTHY

First Name

Last Name

Email

PLEDGE!

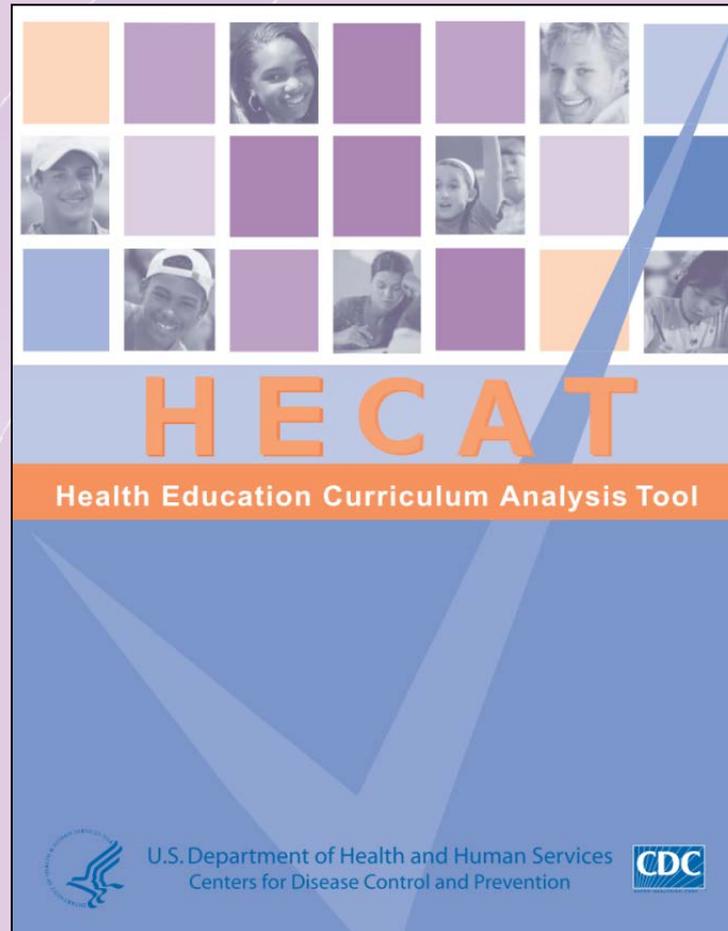
Action for Healthy Kids developed this tool with input from our partner organizations and volunteer Team members to help you create a local wellness policy that meets your district's unique goals for nutrition and physical activity and take the next steps to put the policy into action to positively impact students' health and lifelong choices.

In June 2004, the Child Nutrition and WIC Reauthorization Act was signed into law, making it mandatory for all local education agencies participating in the Federal School Meal Programs to create a local wellness policy by July 2006.

This Tool is intended to help anyone involved in developing, implementing, and evaluating wellness policies by providing practical guidance and how-to information

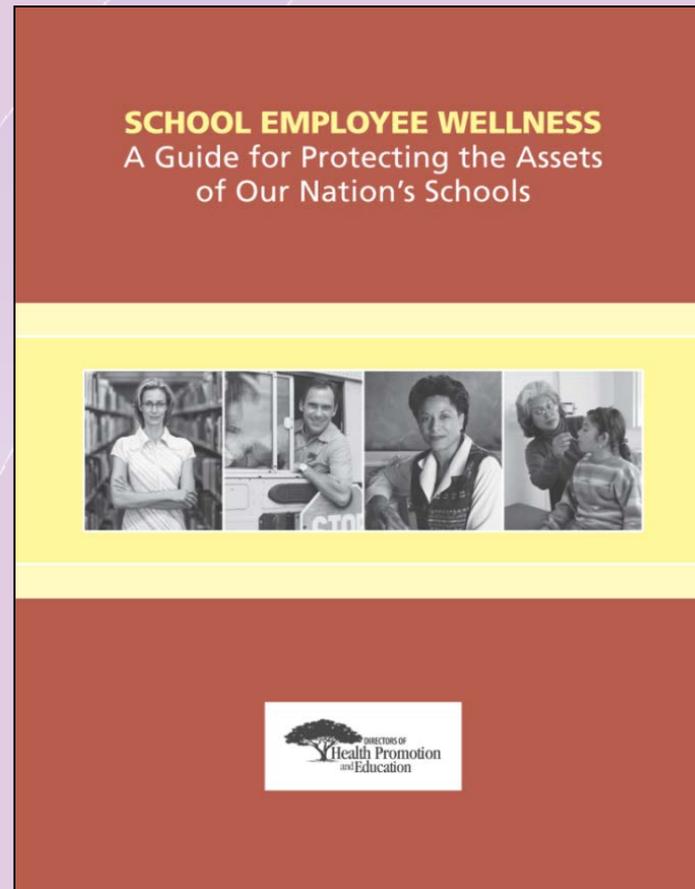
<http://www.actionforhealthykids.org/for-schools/wellness-policy-tool>

Quality Health Education



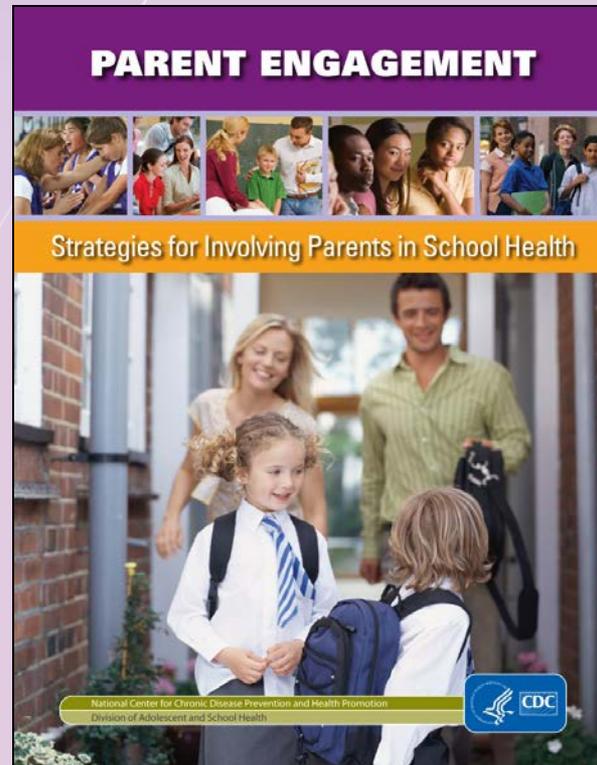
<http://www.cdc.gov/healthyyouth/hecat>

Health Promotion for Staff



<http://www.schoolempwell.org>

Family and Community Involvement



http://www.cdc.gov/healthyyouth/adolescenthealth/pdf/parent_engagement_factsheet.pdf



Tools for Schools

*See SHI Resources section and
<http://www.cdc.gov/HealthyYouth/publications>
for more!!!*