Role of SHI Coordinator
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1. Help gain administrative buy-in
2. Assist the school in developing a SHI team
3. Secure time to work on the SHI
4. Facilitate the team through the SHI process
5. Follow-up with implementation of the SHI action plan
6. Provide support and resources
1. Administrative buy-in
Making the Case
Administrative buy-in

• Administrative support for both the SHI process and implementation of the action plan
• Gain support before the process begins
2. Assemble a SHI team
Who are potential team members?

- Have an interest in youth
- Understand the community
- Have professional ability
- Are willing to devote time
- Have credibility
- Are representative of the population
Key School Representatives

- Students
- Administrators
- Health coordinators
- Health education teachers
- Physical education teachers
- Other teachers
- Health service providers

- Nutrition services staff
- School site health promotion staff
- Counseling, psychological and social services providers
- Other school staff (e.g., custodians, bus drivers, media specialists, aides)
Key Community Representatives

- School boards
- Parents
- Faith community
- Business
- Voluntary health organizations
- Youth-serving organizations
- Health care
- Mental health
- Social services
- Local and county government
- Recreation
- Law enforcement
- Pre-school programs
- Elderly
- Media
Remember—leadership takes many forms!

- Charisma
- Connections
- Expertise
- Fame and visibility
- Integrity and credibility
- Life experiences
- Persuasive ability
- Position
- Resources
3. Secure time for the team
Try to get protected time for the team

- Professional development day
- Teacher workday
- Staff meetings
- After-school meetings
- PTA/PTO meetings
4. Facilitation
Facilitation Tips

• Be respectful of difference
• Engage everyone in the group
• Be organized and know your goals
• Carefully manage time to maximize efficiency
Facilitation Tips

• Be a resource, not a participant
• Model communication skills
• Assign responsibilities
• Use group memory to reflect on goals accomplished
5. Follow-up
Follow-up

Don’t take on the universe in one year!!!

Make sure the school has selected a MANAGEABLE number of changes for the school year
Follow-up

- Monitor the school’s progress in implementing its action plan
- Celebrate SUCCESSES!
- Plan for a reassessment
6. Provide support and resources
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