

Module 2: Health Education

Title: Chapter 3; School Health Index Modules. Module 2: Health Education. Image of Active Child icon.

Video Summary

- Health education provides students with opportunities to acquire useful knowledge, attitudes, and skills.
- Health education programs should address the National Health Education Standards and incorporate the characteristics of an effective health education curriculum.
- Qualified, trained teachers should teach health education.

Audio Script

Module 2: Health Education. Health education provides students with opportunities to acquire useful knowledge, attitudes, and skills.

These are necessary for making healthy decisions, achieving health literacy, adopting healthy behaviors, and promoting the health of others.

Health education programs should address the National Health Education Standards and incorporate the characteristics of an effective health education curriculum. Health education assists students in living healthier lives. Qualified, trained teachers should teach health education.