## Instructions

Title: Chapter 1. Introduction; Instructions. Image of Training Tools for Healthy Schools logo. Navigation instructions on screenshot of course home page; image of Active Child icon; screenshot of Certificate of Completion.

## Video Summary

- You can access training materials in several ways.
- Select a specific chapter or chapter section by clicking on a title.
- Click the "play" button and then "next" or "back" to view the entire course.
- Access more information in the Go Further section.

## Audio Script

Welcome to the School Health Index: A Self-Assessment and Planning Guide course of the "Training Tools for Healthy Schools" e-learning series.

In this self-paced course, there are several ways to access the training materials. You may select a specific chapter or chapter section by clicking on a title. You may view the course in its entirety by simply clicking on the "play" button in the video window and then clicking "next" to proceed to the next video. Click "back" to view the previous video.

You may access more information by clicking on questions or resources in the Go Further section. A full-course download is also available.

An "Active Child" icon will appear on the screen periodically to alert you to a tip for more information. At the end of the course, you will have the opportunity to download a Certificate of Completion.