Wrap-up

Audio Descriptive Text

Title: Chapter 4: Conclusion; Wrap-Up. Image of report cover, School Health Guidelines to Promote Healthy Eating and Physical Activity. Screenshot of "3-2-1 Let's Go!" worksheet. Screenshot of Executive Summary. Image of Certificate of Completion. Image of Training Tools for Healthy Schools logo.

Video Summary

- 3-2-1 Let's Go!
- Executive Summary
- Certificate of Completion

Audio Script

Now that you have completed the *School Health Guidelines to Promote Healthy Eating and Physical Activity* course, you should be ready for the initial steps to promote healthy eating and physical activity among students in your school or district. Simply download and save the "3-2-1 Let's Go!" worksheet in conjunction with the Executive Summary to help you get started on your next steps!

Thank you for participating in the *School Health Guidelines to Promote Healthy Eating and Physical Activity* course. Please take a few moments to let us know about your experience by clicking on the evaluation link in the video summary. Your feedback is very important, and we value your opinion! Finally, you can print a Certificate of Completion by clicking on the certificate link in the video summary.

We hope you have enjoyed participating in the *School Health Guidelines to Promote Healthy Eating and Physical Activity* course in the Training Tools for Health Schools e-learning series.