

The Role of Schools and the Whole School, Whole Community, Whole Child Model

Audio Descriptive Text

Title: Chapter 2. The Burden of Obesity; The Role of Schools and the Whole School, Whole Community, Whole Child Model. Graphics of media, government, faith-based organizations, youth-serving organizations, family, employers, post-secondary institutions, health care providers, and schools illustrating the many sectors of society that influence health. Image of report cover, School Health Guidelines to Promote Healthy Eating and Physical Activity. Image of Active Child icon. Image of Whole School, Whole Community, Whole Child (WSCC) model.

Video Summary

- About 95% of the nation's youth are enrolled in schools.
- Children typically spend six hours per day for up to 13 years in school.
- The *School Health Guidelines to Promote Healthy Eating and Physical Activity* align with the Whole School, Whole Community, Whole Child (WSCC) model.
- The WSCC model is a multicomponent approach to deliver healthy eating and physical activity programs and interventions.

Audio Script

Although not the only entity responsible for addressing childhood obesity, schools can play an effective role in the overall health of children and adolescents.

About 95% of the nation's children and adolescents are enrolled in schools. They typically spend six hours per day for up to 13 years of their lives in school.

Since schools reach so many children, it may be an ideal setting to promote health and address highly prevalent conditions, such as obesity.

With that in mind, the *School Health Guidelines* reflect and align with the Whole School, Whole Community, Whole Child model as a comprehensive, multicomponent approach to deliver healthy eating and physical activity programs and interventions in schools.