

Comprehensive School Physical Activity Programs: A Guide for Schools

Audio Descriptive Text

Title: Chapter 4. Establishing a Comprehensive School Physical Activity Program; Comprehensive School Physical Activity Programs: A Guide for Schools. Report cover: Comprehensive School Physical Activity Programs: A Guide for Schools. Active Child icon. Graphic of multi-component approach showing 60 minutes encompassing Staff Involvement, Physical Activity During School, Physical Education, Physical Activity Before and After School, and Family and Community Engagement, with emphasis on Physical Activity. Sample pages of tools and templates.

Video Summary

- The *Comprehensive School Physical Activity Programs: A Guide for Schools* outlines a step-by-step process.
- It also provides many tools and templates.

Audio Script

The *Comprehensive School Physical Activity Programs: A Guide for Schools* outlines a step-by-step process for establishing, implementing, and evaluating a Comprehensive School Physical Activity Program and also provides many tools and templates that you can use.

Let's go through each step so that you will be prepared to begin working on your own Comprehensive School Physical Activity Program.