

Module 1: School Health and Safety Policies and Environment

Title: Chapter 3; School Health Index Modules. Module 1: School Health and Safety Policies and Environment. Image of Active Child icon.

Video Summary

- A healthy environment includes the physical and visual surroundings, psychosocial climate, and culture of the school.
- A supportive school environment can improve the sustainability of healthy eating and physical activity policies and practices.

Audio Script

Module 1: School Health and Safety Policies and Environment. A healthy and safe school environment includes the physical and visual surroundings and the psychosocial climate and culture of the school.

Representatives from different segments of the school and community, including parents and students, should work together to maximize healthy eating and physical activity opportunities for students.

Developing and maintaining a supportive school environment can improve the sustainability of healthy eating and physical activity policies and practices that support healthy lifestyles.