

Parents for Healthy Schools

Making a Difference in Your Child's School Presentation Evaluation Form

Date: _____ School Name: _____

Please indicate your level of agreement with the following statements:

| | Strongly Disagree | Disagree | Neutral | Agree | Strongly Agree |
|---|-------------------|----------|---------|-------|----------------|
| 1. The speaker demonstrated expertise in healthy school environments. | 1 | 2 | 3 | 4 | 5 |
| 2. The speaker answered questions effectively. | 1 | 2 | 3 | 4 | 5 |
| 3. I would recommend this presentation to another parent or guardian. | 1 | 2 | 3 | 4 | 5 |

Please indicate how effective this presentation has been in providing you with the knowledge and information to do the following:

| | Very Ineffective | Ineffective | Neutral | Effective | Very Effective |
|---|------------------|-------------|---------|-----------|----------------|
| 4. Describe at least two ways that health affects students' ability to learn. | 1 | 2 | 3 | 4 | 5 |
| 5. Define at least three components of the school nutrition environment. | 1 | 2 | 3 | 4 | 5 |
| 6. Describe at least two actions schools should take to promote healthy eating throughout the school day. | 1 | 2 | 3 | 4 | 5 |
| 7. Define at least three components of a comprehensive school physical activity program. | 1 | 2 | 3 | 4 | 5 |
| 8. Describe at least two opportunities for daily physical activity that schools can provide before, during, and after the school day. | 1 | 2 | 3 | 4 | 5 |
| 9. Describe at least two actions schools should take to help students manage their chronic health conditions. | 1 | 2 | 3 | 4 | 5 |
| 10. Identify three actions parents can take to support a healthy school environment. | 1 | 2 | 3 | 4 | 5 |

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Centers for Disease Control and Prevention
National Center for Chronic Disease Prevention and Health Promotion



11. Which of the following are you likely to accomplish during the next 6 months? Please check all that apply.

- Ask the school to provide additional education opportunities for parents about the school nutrition environment and services, physical education and physical activity, or managing chronic health conditions.
- Join a school group (e.g., PTA/PTO, school wellness committee) that addresses a healthy school environment.
- Continue to contribute to a school group (e.g., PTA/PTO, school wellness committee) that addresses a healthy school environment.
- Review the Local School Wellness Policies for my school district.
- Volunteer at a school health activity or event at my child's school.
- Other: _____

12. How could this presentation be improved? Please describe.
