

Parents for Healthy Schools

Making a Difference in Your Child's School Presentation Evaluation Form

Date: _____ School Name: _____

Please indicate your level of agreement with the following statements:

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1. The speaker demonstrated expertise in healthy school environments.	1	2	3	4	5
2. The speaker answered questions effectively.	1	2	3	4	5
3. I would recommend this presentation to another parent or guardian.	1	2	3	4	5

Please indicate how effective this presentation has been in providing you with the knowledge and information to do the following:

	Very Ineffective	Ineffective	Neutral	Effective	Very Effective
4. Describe at least two ways that health affects students' ability to learn.	1	2	3	4	5
5. Define at least three components of the school nutrition environment.	1	2	3	4	5
6. Describe at least two actions schools should take to promote healthy eating throughout the school day.	1	2	3	4	5
7. Define at least three components of a comprehensive school physical activity program.	1	2	3	4	5
8. Describe at least two opportunities for daily physical activity that schools can provide before, during, and after the school day.	1	2	3	4	5
9. Describe at least two actions schools should take to help students manage their chronic health conditions.	1	2	3	4	5
10. Identify three actions parents can take to support a healthy school environment.	1	2	3	4	5

Continued on next page



Centers for Disease Control and Prevention
National Center for Chronic Disease Prevention and Health Promotion



11. Which of the following are you likely to accomplish during the next 6 months? Please check all that apply.

- Ask the school to provide additional education opportunities for parents about the school nutrition environment and services, physical education and physical activity, or managing chronic health conditions.
- Join a school group (e.g., PTA/PTO, school wellness committee) that addresses a healthy school environment.
- Continue to contribute to a school group (e.g., PTA/PTO, school wellness committee) that addresses a healthy school environment.
- Review the Local School Wellness Policies for my school district.
- Volunteer at a school health activity or event at my child's school.
- Other: _____

12. How could this presentation be improved? Please describe.
