

SUBJECTIVE COGNITIVE DECLINE AMONG AMERICAN INDIAN/ALASKA NATIVE ADULTS

2019–2020 Behavioral Risk Factor Surveillance System (BRFSS) Data from American Indian and Alaska Native Adults in 46 States, Puerto Rico, and the District of Columbia: People Aged 45 Years and Older

1 in 6

American Indian/Alaska Native adults aged 45 years and older are experiencing **Subjective Cognitive Decline**



SCD is self-reported **MEMORY PROBLEMS** that have been **GETTING WORSE** over the past year.

57% of people with SCD had to give up day-to-day activities



87% of people with SCD have at least one chronic condition

one in two

of people with SCD say it interfered with social activities, work or volunteering



only half of people with SCD have discussed their symptoms with a healthcare provider

51% of people with SCD need help with household tasks



U.S. Department of Health and Human Services
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