

## Table of Contents for [Evidence Reviews & Research Summaries](#)

- [Health Literacy Evidence Reviews](#)
- [Research Summaries on Health Literacy Topics](#)
  - [eHealth literacy: Playing catch-up with eHealth](#)
    - [Defining health literacy and eHealth literacy](#)
    - [Assessing health literacy in eHealth studies](#)
    - [Factors associated with use of eHealth](#)
    - [Understanding eHealth use by trust, confidence & other factors: Tailoring for success](#)
    - [An important role for health and communication professionals](#)
  - [Numeracy affects decision-making about health risks](#)
    - [Visual displays of risk](#)
    - [Text-only decision aids](#)
    - [Communication with health care professionals](#)
    - [Numeracy and health outcomes](#)
  - [Limited health literacy can affect self-care abilities, readmission, and early death for people diagnosed with heart disease](#)
    - [Training and staff support make a difference in reducing hospital readmission for patients with heart problems](#)
    - [Health literacy is associated with self-care behaviors related to heart disease](#)
  - [Applying health literacy strategies to the health needs of older adults](#)
    - [Asthma](#)
    - [HIV](#)
    - [Medication information](#)
    - [Multiple medical conditions](#)
  - [Health care professionals' use of health literacy-based communication techniques](#)
    - [Dentists and Dental Hygienists](#)
    - [Nurses](#)
    - [Pharmacists](#)
    - [Physicians](#)
  - [Health literacy and medication labels, instructions, and regimens](#)
    - [Medication Labels](#)
    - [Medication Instructions](#)
    - [Medication Regimens](#)
  - [Health literacy, patient activation, and health outcomes](#)
    - [Research summary: Health literacy, patient activation and health outcomes](#)
    - [Health literacy, patient activation and health information seeking, comprehension and use](#)
    - [Health literacy, patient activation and mental and physical health](#)
    - [Health literacy and patient self-advocacy](#)
    - [Patient activation and health outcomes and costs](#)
    - [Health literate organizations and self-management support](#)
  - [Nutritional and food literacy, food labels, and portion size estimation](#)
    - [Research summary: Nutritional and food literacy, food labels, and portion size estimation](#)
    - [Children and food literacy](#)
    - [Health literacy skills and use of food labels](#)
    - [Portion Size](#)
- [Science Bites](#)
  - [Use pictures to improve health communication](#)
  - [Make orally delivered health information accessible and actionable](#)
  - [Use headings to help readers scan and find information](#)
  - [Use narrative communication](#)
  - [Chunk information to improve audience comprehension and recall](#)
  - [Explain risk and numbers](#)
  - [Anticipate and assess audiences' emotional reactions to risk information](#)
  - [Understand how numbers affect comprehension and decisions](#)
  - [Design for improved comprehension among limited health literacy populations](#)