Young children and teens are more likely to get a concussion and take longer to recover than adults.

To learn more about concussion, talk to your school nurse or school administrator and visit www.cdc.gov/Concussion.

**KNOW YOUR CONCUSSION ABCs**

A - Assess the situation
B - Be alert for signs and symptoms
C - Contact a health care professional

Learn more and download free concussion resources at www.cdc.gov/Concussion