

HELP KEEP KIDS SAFE *from* BRAIN INJURY

STAIR GATES



Use gates at the top and bottom of stairs to prevent serious falls among infants and toddlers.

CAR SEATS



Use child safety seats and booster seats that are correct for a child's age and weight. Make sure they are properly installed.

HELMETS



Make sure your child always wears the right helmet for their activity and that it fits correctly.

SOFT SURFACES



Use playgrounds with a soft landing surface (such as sand or wood chips, not dirt or grass).

LEARN *more* AT:

www.cdc.gov/TraumaticBrainInjury