EXPOSED to HIV?

the CLOCK is ticking!

Take ACTION! right away...

1. Get evaluated
- Follow your facility’s procedure for reporting your exposure.
- Consult an expert for any occupational exposure to HIV.
- Don’t delay the start of HIV PEP while waiting for an expert consultation.

2. Complete a full course of PEP
- Using 3 or more PEP drugs at one time.
- Finish the entire 4-week course.
- Return for evaluation to seek another treatment option if you cannot tolerate PEP.

3. Follow-up
- Follow-up appointments should begin within 72 hours of an HIV exposure.
- Follow-up should include counseling, baseline and follow-up post-PEP HIV testing, and monitoring for drug toxicity.

Follow-up HIV testing can be completed earlier than 6 months.
- If a newer fourth-generation combination HIV p24 antigen-HIV antibody test is used for follow-up testing, testing may be concluded at 4 months after exposure.
- If a newer testing platform is not available, follow-up testing is typically concluded at 6 months after exposure.

- Postexposure prophylaxis (PEP), medicine you take before you get sick, is recommended for healthcare personnel potentially exposed to HIV.
- PEP should be initiated as soon as possible, within hours of exposure.

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