Text Messages for Institutions of Higher Education to Send to Students, Faculty, and Staff

The following messages can be sent from institutions of higher education to students, faculty, and staff through cell phone text messaging, Twitter, Facebook, and other social network channels.

**Status of Classes**
- Classes continuing in session. Call campus information center at [XXX-XXXX] or visit our Web site for more info.
- Classes suspended due to flu. Call campus information center at [XXX-XXXX] or visit our Web site for more info.
- Classes resuming on [INSERT DATE/TIME]. Call campus information center at [XXX-XXXX] or visit our Web site for more info.

**Prevention**
Wash hands often or use alcohol-based hand rub. Wipe commonly touched surfaces such as doorknobs, keyboards, telephone, etc.

**If You Are Sick**
If you're sick with fever, chills, a cough or sore throat - don't come to class.
If you're sick, stay home for 24 hrs after your fever has gone away.

**Symptoms**
You may have the flu if you have fever, chills, a cough or sore throat.

**What to Do If You Get Flu-Like Symptoms**

**More Flu Information**
Get important 2009 H1N1 flu info from the mobile CDC Website at http://m.cdc.gov [If sent through Twitter add “ReTweet this!”]
2009 H1N1 Flu and You. Q&A from CDC
www.cdc.gov/h1n1flu/qa.htm