

## MYANMAR (BURMA)

## STRATEGIC FOCUS

The U.S. Centers for Disease Control and Prevention (CDC) office was formally established at the U.S. Embassy in Yangon, Myanmar in January 2015. CDC supports Myanmar's goal of reaching the Joint United Nations Programme on HIV/AIDS (UNAIDS) 90-90-90 targets by 2020, whereby 90 percent of all people living with HIV (PLHIV) will know their HIV status, 90 percent of all people with diagnosed HIV will receive sustained antiretroviral therapy (ART), and 90 percent of all people receiving ART will have viral suppression. Through the U.S. President's Emergency Plan for AIDS Relief (PEPFAR), CDC supports the National AIDS Program (NAP) and the National Health Laboratory (NHL), and helps coordinate and build a sustainable HIV response with other technical and donor partners, by developing strategies and operational guidelines for HIV/AIDS prevention and treatment and strengthening surveillance and laboratory systems.

In addition to strengthening Myanmar's national HIV response, CDC supports Myanmar in its efforts to address its tuberculosis (TB) epidemic and its critical health security initiatives, such as the Field Epidemiology Training Program and the planned launch of Myanmar's own CDC.

## KEY ACTIVITIES AND ACCOMPLISHMENTS

## HIV

- CDC/PEPFAR support in Myanmar focuses on technical assistance and targeted support to improve the clinical cascades for HIV prevention, testing, and treatment of key populations affected by high HIV prevalence and ongoing high-risk behaviors.
- Working in close collaboration with the Ministry of Health and Sports (MOHS), World Health Organization, and other partners, CDC provides technical assistance to develop national strategies to increase the yield of HIV testing, to increase early enrollment in treatment, and to achieve high rates of retention in treatment including ensuring viral load suppression and TB prevention, diagnosis, and treatment.
- CDC has provided technical support to develop the HIV Testing Guidelines and update the HIV Treatment Guidelines in Myanmar, including the transition to Test and Start for all PLHIV in 2017.
- CDC is working with key partners (National AIDS Program, National Health Laboratory, and the Global Fund) to strengthen HIV diagnostic and viral load testing quality management systems and to build capacity for national scale-up of routine HIV viral load testing.
- CDC is providing technical assistance to support key populations surveillance as well as collection and use of data to inform program monitoring and improvement at national and sub-national levels, including through national program reviews.

## Tuberculosis (non-PEPFAR)

- CDC is working with the Japan International Cooperation Agency, the National Reference Laboratory for TB in Vietnam, and the MOHS to provide external quality assessment services and help build capacity for a national Xpert MTB/RIF quality control program.
- CDC has provided technical support to the MOHS and implementing partners for the design of the protocol and data collection tools, as well as on-site support for implementation of the national tuberculosis prevalence survey.

## Key Country Leadership

President:  
Win Myint

Minister of Health:  
Myint Htwe

U.S. Ambassador:  
Scot Marciel

CDC/DGHT Director:  
Mitesh Desai

**Country Quick Facts**  
([worldbank.org/en/where-we-work](http://worldbank.org/en/where-we-work))

Per Capita GNI:  
\$1,310 (2018)

Population (million):  
53.71 (2018)

Under 5 Mortality:  
49/1,000 live births (2017)

Life Expectancy:  
67 years (2017)

**Global HIV/AIDS Epidemic**  
([aidsinfo.unaids.org](http://aidsinfo.unaids.org))

Estimated HIV Prevalence  
(Ages 15-49): 0.8% (2018)

Estimated AIDS Deaths  
(Age ≥15): 7,400 (2018)

Estimated Orphans Due to  
AIDS: 120,000 (2018)

Reported Number Receiving  
Antiretroviral Therapy (ART)  
(Age ≥15): 28,987 (2018)

**Global Tuberculosis  
(TB) Epidemic**  
([who.int/tb/country/data/profiles/en](http://who.int/tb/country/data/profiles/en))

Estimated TB Incidence:  
358/100,000 population (2017)

TB Patients With Known HIV-  
Status Who Are HIV-Positive:  
9% (2017)

TB Treatment Success Rate:  
88% (2016)

TB Mortality:  
51/100,000 population (2017)

## DGHT Country Staff: 4

Locally Employed Staff: 3  
Direct Hires: 1  
Fellows & Contactors: 0

**Our success is built on the backbone of science and strong partnerships.**

July 2019 | The CDC Division of Global HIV & TB activities are implemented as part of the U.S. President's Emergency Plan for AIDS Relief (PEPFAR); non-HIV related TB activities are supported by non-PEPFAR funding

