



*Today*

**415 MILLION**

people worldwide are living with diabetes.

*In 2040*

**MORE THAN HALF A BILLION**

will have diabetes.



Ways to prevent or delay

**TYPE 2 DIABETES**



*be active*



*eat healthy*



*manage weight*

Learn more at [cdc.gov/diabetes](https://www.cdc.gov/diabetes)

*Data courtesy of the International Diabetes Federation*

([www.idf.org](https://www.idf.org))

