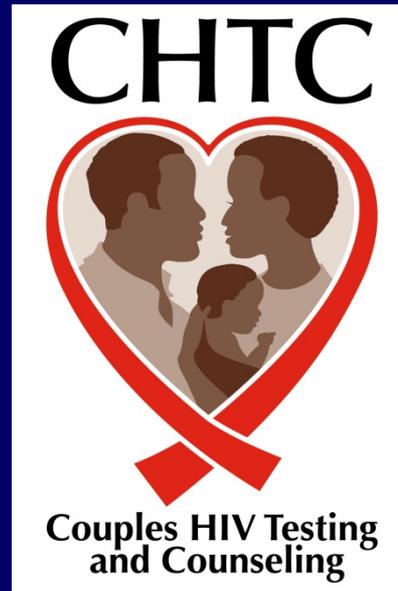


Couples HIV Testing and Counseling (CHTC) *- in Health Care Settings -*



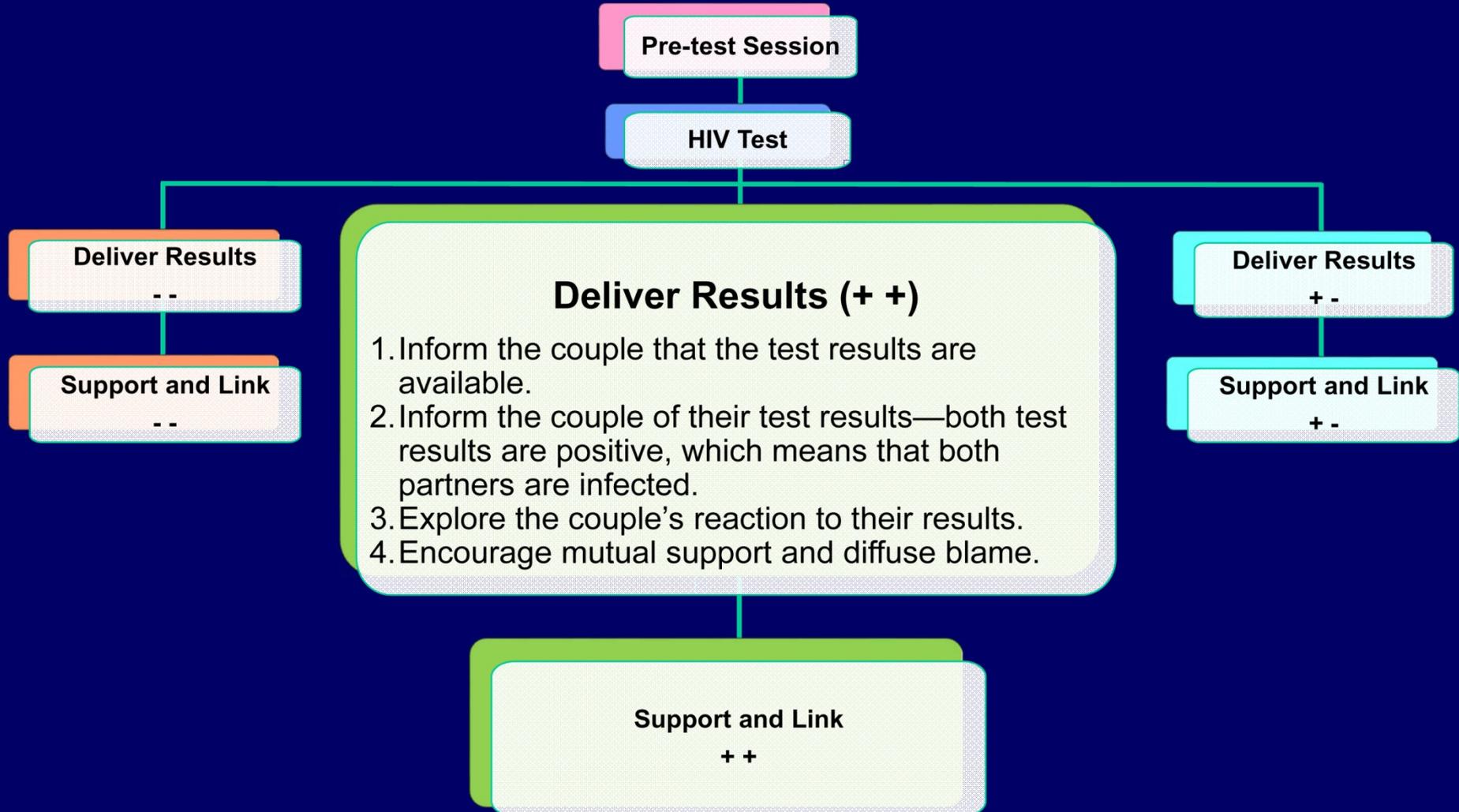
Module Five: Delivering Results to Concordant HIV-Positive Couples

Objectives of Module Five

By the end of this module participants will be able to:

- ❖ Deliver test results to concordant HIV-positive couples
- ❖ Provide key HIV prevention, care, and treatment messages to concordant HIV-positive couples
- ❖ Link concordant HIV-positive couples with appropriate follow-up prevention, care and treatment services

Delivering Test Results to Couples: Concordant HIV-Positive



Concordant HIV-Positive Couples: Providing Results

1. Inform the couple that the test results are available.
2. Inform the couple of their test results.
 - Both test results are positive, which means that both partners are infected.
3. Explore the couple's reaction to their results.
 - Assess the couple's feelings and reactions.
 - Make sure they understand the results and their meaning and implications.
 - Answer any questions.
4. Encourage mutual support and diffuse blame.

Delivering Test Results to Couples: Concordant HIV-Positive (continued)

Pre-test Session

HIV Test

Deliver Results

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Support and Link

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Deliver Results (+ +)

1. Inform the couple that the test results are available.
2. Inform the couple of their test results—both test results are positive, which means that both partners are infected.
3. Explore the couple's reaction to their results.
4. Encourage mutual support and diffuse blame.

Deliver Results

+ -

Support and Link

+ -

Support and Link (+ +)

5. Advise on the importance of accessing HIV care and treatment.
6. Discuss the couple's pregnancy status and desires.
7. Discuss the importance of testing the couple's children.
8. Advise the couple on the importance of using condoms.
9. Discuss the importance of not having unprotected sex with outside partners.
10. Advise the couple on how to maintain a healthy life at home.
11. Link the couple with appropriate follow-up services and information.

Concordant HIV-Positive Couples: Providing Support and Linkages

5. Advise on the importance of accessing HIV care and treatment:
 - Access treatment to stay healthy and live a long time.
 - If not eligible for treatment, still go to the clinic regularly.
6. Discuss the couple's pregnancy status and desires:
 - If pregnant, access PMTCT (prevention of mother-to-child HIV transmission).
 - Plan a safer pregnancy with the assistance of a provider.
 - Use contraception to prevent unplanned pregnancies.
7. Discuss the importance of testing the couple's children.

Concordant HIV-Positive Couples: Importance of Risk Reduction

8. Advise the couple on the importance of using condoms:
 - Assess knowledge of how to use condoms.
 - Demonstrate and distribute condoms.
9. Discuss the importance of not having unprotected sex with outside partners.
10. Advise the couple on how to maintain a healthy life at home.
11. Link the couple with appropriate follow-up services and information:
 - Care and Treatment clinic, PMTCT services
 - STIs (sexually transmitted infection), Family Planning
 - Community organizations, support groups
 - VCT for other partner testing and counseling
 - Original reason for visit