Couples HIV Testing and Counseling (CHTC) - in Health Care Settings -

Module Four: Delivering Results to Concordant HIV-Negative Couples
Objectives of Module Four

By the end of this module participants will be able to

- Deliver test results to concordant HIV-negative couples
- Provide key HIV prevention messages to concordant HIV-negative couples
- Link concordant HIV-negative couples with appropriate follow-up services
- Discuss a couple’s HIV risk issues and concerns using a solution-focused approach and abstract language
Delivering Test Results to Couples: Concordant HIV-Negative

Deliver Results (- -)
1. Inform the couple that the test results are available.
2. Inform the couple of their test results—both test results are negative, which indicates that neither partner is infected.
3. Explore the couple’s reaction to their results.

Support and Link (- -)
Delivering Test Results to Couples: Concordant HIV-Negative (Continued)

Deliver Results (- - -)
1. Inform the couple that the test results are available.
2. Inform the couple of their test results.
   - Both test results are negative, which indicates that neither partner is infected.
3. Explore the couple’s reaction to their results.

Support and Link (- - -)
4. Advise the couple on how to remain HIV-negative.
5. Advise on the need for retesting.
6. Assess the couple’s knowledge of how to use condoms.
7. Link the couple with appropriate follow-up services and information.
Concordant HIV-Negative Couples: Providing Support and Linkages

4. Advise the couple on how to remain HIV-negative:
   - Use condoms every time they have sex.
   - Only have sex with each other; if other partners, always use condoms.
   - Introduce MC (male circumcision) as an option to protect HIV-negative males.
   - Do not drink alcohol or at least reduce your alcohol consumption.

5. Advise on the need for retesting:
   - If recent exposure, retest in 4 weeks.
   - If no recent exposure, retest annually.
Concordant HIV-Negative Couples: Providing Support and Linkages (Continued)

6. Assess the couple’s knowledge of how to use condoms:
   - Demonstrate and distribute condoms.

7. Link the couple with appropriate follow-up services and information:
   - Male circumcision services for men
   - STIs (sexually transmitted infection), family planning, care during pregnancy
   - Community organizations, post-test clubs
   - VCT (voluntary counseling and testing) or clinic for other partner counseling, retesting
   - Blood donation sites