

Couples HIV Testing and Counseling (CHTC) - *in Health Care Settings* -



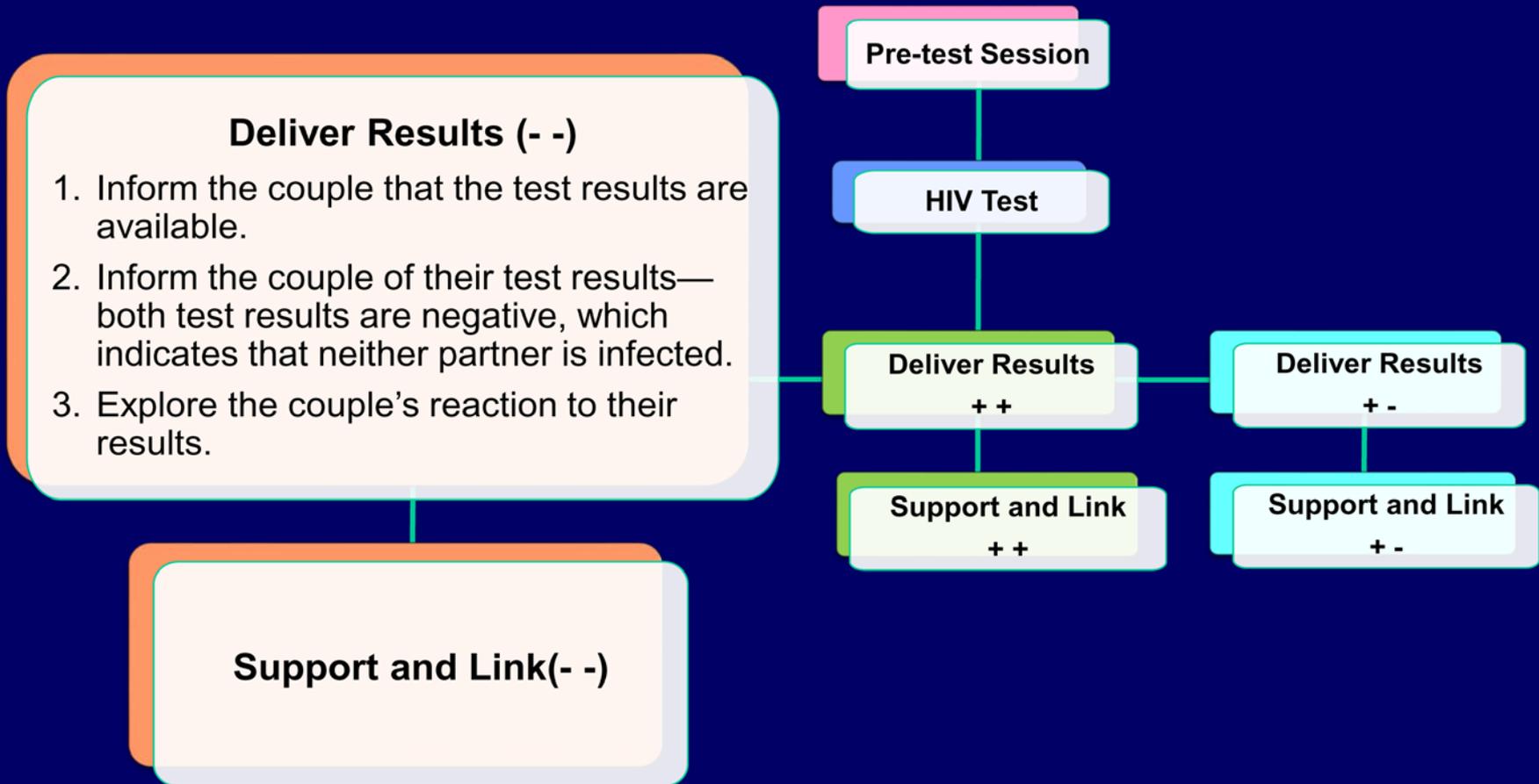
Module Four: Delivering Results to Concordant HIV-Negative Couples

Objectives of Module Four

By the end of this module participants will be able to

- ❖ Deliver test results to concordant HIV-negative couples
- ❖ Provide key HIV prevention messages to concordant HIV-negative couples
- ❖ Link concordant HIV-negative couples with appropriate follow-up services
- ❖ Discuss a couple's HIV risk issues and concerns using a solution-focused approach and abstract language

Delivering Test Results to Couples: Concordant HIV-Negative



Delivering Test Results to Couples: Concordant HIV-Negative (Continued)

Deliver Results (- -)

1. Inform the couple that the test results are available.
2. Inform the couple of their test results.
 - Both test results are negative, which indicates that neither partner is infected.
3. Explore the couple's reaction to their results.

Support and Link (- -)

4. Advise the couple on how to remain HIV-negative.
5. Advise on the need for retesting.
6. Assess the couple's knowledge of how to use condoms.
7. Link the couple with appropriate follow-up services and information.

Pre-test Session

HIV Test

Deliver Results

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Support and Link

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Deliver Results

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Support and Link

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Concordant HIV-Negative Couples: Providing Support and Linkages

4. Advise the couple on how to remain HIV-negative:
 - Use condoms every time they have sex.
 - Only have sex with each other; if other partners, always use condoms.
 - Introduce MC (male circumcision) as an option to protect HIV-negative males.
 - Do not drink alcohol or at least reduce your alcohol consumption.
5. Advise on the need for retesting:
 - If recent exposure, retest in 4 weeks.
 - If no recent exposure, retest annually.

Concordant HIV-Negative Couples: Providing Support and Linkages (Continued)

6. Assess the couple's knowledge of how to use condoms:
 - Demonstrate and distribute condoms.
7. Link the couple with appropriate follow-up services and information:
 - Male circumcision services for men
 - STIs (sexually transmitted infection), family planning, care during pregnancy
 - Community organizations, post-test clubs
 - VCT (voluntary counseling and testing) or clinic for other partner counseling, retesting
 - Blood donation sites