

COUPLES HIV TESTING AND COUNSELING IN HEALTH CARE FACILITIES

PRE-COURSE ASSESSMENT

Directions: Please answer each question thoroughly and to the best of your knowledge. Please enter your Unique ID, which is the day and month you were born. For example, if you were born on November 9, your Unique ID would be “0911.”

Unique ID: ____ ____ ____ ____ (D D M M)

Please indicate whether the following statements below are “true” or “false” by circling the correct response.

1. A husband and wife can have different test results—one positive, one negative.
TRUE FALSE
2. A person taking antiretroviral (ARV) drugs cannot transmit the HIV virus to others.
TRUE FALSE
3. The only reason why couples can have different HIV test results is because of the “window period.”
TRUE FALSE
4. If a couple is tested together, but receives their results separately, then they are considered to have received couples HIV testing and counseling (CHTC).
TRUE FALSE
5. If a couple is tested separately, but receives their results together, then they are considered to have received CHTC.
TRUE FALSE
6. In the case of a concordant positive result or a discordant result, it is important to identify when and by whom one or both of the partners became infected by HIV.
TRUE FALSE
7. When working with couples, it is important to do a thorough risk assessment to raise their awareness of their individual risk behaviors.
TRUE FALSE
8. During a CHTC session, it is important to discuss past concerns or behaviors with the couple to identify any potential HIV risk or relationship issues.
TRUE FALSE

9. After learning their HIV status together, couples frequently reduce their risk behaviors, especially if they are discordant.

TRUE FALSE

10. It is important for a CHTC provider to act as a marriage or relationship counselor to help couples resolve personal issues so they can practice safer sex more effectively.

TRUE FALSE

11. Divorce or abandonment occurs frequently after married couples receive different test results.

TRUE FALSE

12. If a couple has been discordant for several years, it is most likely because the negative partner is immune to HIV.

TRUE FALSE

13. List three benefits that CHTC has over individual partner testing.

- a. _____
- b. _____
- c. _____

14. Please circle ALL the appropriate conditions for receiving CHTC (circle all correct answers).

- a. Couple agrees to receive results together.
- b. Couple agrees to make decisions about mutual disclosure together.
- c. Couple agrees to get tested together.
- d. Couple agrees to discuss HIV risk issues and concerns together.

15. Which of the following is NOT a step in the CHTC Session?

- a. Describe the benefits of CHTC.
- b. Conduct risk assessment.
- c. Describe and mutually agree to conditions for receiving CHTC.
- d. Explain the three types of possible test results.

Thank You!