Timeline for Identifying and Reporting Cases in Foodborne Outbreaks

If you get food poisoning and go to the doctor, here’s what may happen to your test results. A series of events allows public health officials to find out whether your illness is linked to an outbreak.

**Friday, January 01**
You eat a contaminated food

**IMAGE:** A family is seated around a dining table eating a meal; a knife and fork mark the date on a calendar.

**TEXT:** After a few days, you start to feel sick with nausea or diarrhea

**IMAGE:** Days are marked off on the calendar until January 03, where a sad face marks the date.

**TEXT:** Monday, January 04
You go to a healthcare provider and give a sample

**IMAGE:** A car arrives at a clinic; a stethoscope marks the date on the calendar.

**TEXT:** Wednesday, January 06
Your sample arrives at a clinical laboratory for testing

**IMAGE:** A truck leaves the clinic and arrives at a lab; a truck and test tubes mark the calendar.

**TEXT:** Thursday, January 07
Tests are run on your sample

**IMAGE:** Bacteria are shown on floating on a petri dish, with the day marked on the calendar.

**TEXT:** Friday, January 08
The lab identifies the germ making you sick

**IMAGE:** A clipboard is shown with a checklist and “E. coli” marked, with an icon marking the calendar.

**TEXT:** Monday, January 11
The clinical laboratory sends a sample of your bacteria to a public health laboratory
Shipping can take up to a week

**IMAGE:** A truck drives away from the lab, with the days traced on the calendar.

**TEXT:** Wednesday, January 13
The public health laboratory receives the sample for more testing

**IMAGE:** Bacteria as shown floating on a petri dish; a DNA strand marks the calendar.

**TEXT:** January 15 – 20
The laboratory performs whole genome sequencing (WGS) analysis and other tests

**IMAGE:** A DNA strand is observed by a magnifying glass; days are marked on the calendar as time passes.

**TEXT:** Wednesday, January 20
WGS shows more details about the germ making you sick

**IMAGE:** A checkmark appears next to the DNA strand and marks the calendar.

**TEXT:** Friday, January 22
The public health laboratory sends WGS results to CDC
Monday, January 25

CDC determines if your illness is related to other recent illnesses

IMAGE: A CDC laptop displays a bar graph forming over time.

IMAGE: The entire calendar timeline with icons is shown.

TEXT: Total time: 3-4 weeks
Public health officials work to detect and solve outbreaks as quickly as they can.

You can help solve outbreaks and save lives.
If you think you have food poisoning, report it to your local or state health department. You can help us solve outbreaks and help protect others from getting sick.