ANYONE CAN GET FOOD POISONING

But some people are more likely to get sick because their bodies can’t fight germs as well.

People with a higher risk of FOOD POISONING

- Adults aged 65 and older
- Children younger than 5 years
- People with weakened immune systems
- Pregnant women

Choose and prepare food carefully to help prevent food poisoning.

www.cdc.gov/foodsafty