

ANYONE CAN GET FOOD POISONING



But some people are more likely to get sick
because their bodies can't fight germs as well.

Factors that increase risk for FOOD POISONING



Aged 65
and older



Younger Than
5 years



Weakened Immune
System



Pregnancy

Choose and prepare food carefully to help prevent food poisoning.



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

www.cdc.gov/foodsafety

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