**AUDIO NEWS RELEASE – October 2020**

**CDC FLU – 2020-2021 Flu Season (Dr. Liburd)**

**00:60**

**ANCHOR TRACK 1**

Now is the time to protect yourself, your family, and your community against flu by getting a flu vaccine.

Dr. Leandris Liburd with the CDC says getting a flu vaccine is more important than ever this year – especially for communities of color.

**TALENT SOUNDBITE**

This season getting vaccinated is more important than ever. Especially for people who are at higher risk of being exposed to flu and COVID-19 and those at higher risk from severe complications of flu and COVID-19. This includes African American and Hispanic persons, who are more affected than other groups of people by diseases like asthma, diabetes, and heart and lung diseases.

If COVID-19 and flu spread at the same time, this could place a tremendous burden on our healthcare system. Flu vaccines prevent millions of flu illnesses, tens of thousands of flu hospitalizations, and thousands of deaths every year.

Getting a flu vaccine is the best thing you can do to protect yourself, your family, and your community against flu.

**ANCHOR TRACK 2**

For more information, visit cdc.gov/fightflu.