

Half of pregnant women protect themselves and their babies against flu. Time to bump it up!

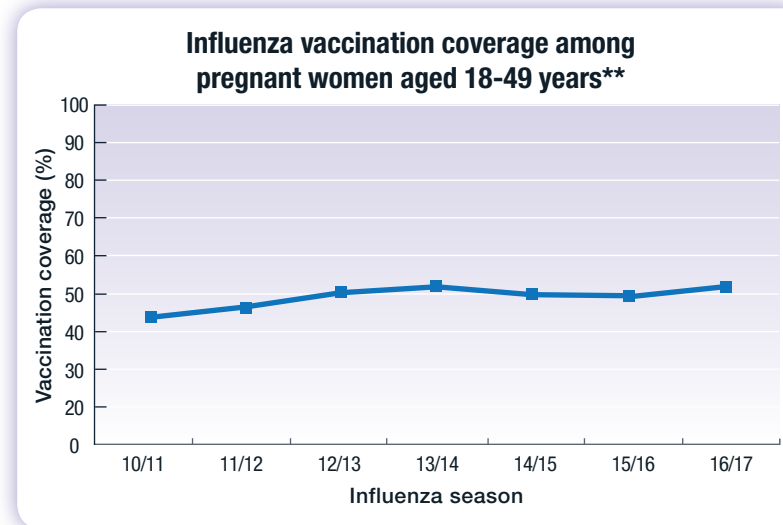


With only half of pregnant moms getting their flu shot, too many remain unprotected.

Flu shots help protect pregnant women and their babies from potentially serious flu illness during and after pregnancy.

During the 2016-2017 flu season, an estimated 50%* of pregnant women in the U.S. protected themselves and their babies from flu by getting a flu shot. While this is a significant improvement since the years before the 2009 pandemic, about half of pregnant women and their babies, still remain unprotected from influenza.

We can do better. All pregnant women need flu shots to protect themselves and their babies.



If you're pregnant, a flu shot:

- is recommended at any time during your pregnancy
- can reduce your risk of getting sick from flu
- can protect your baby from flu for several months after birth

Pregnant women also need a whooping cough (Tdap) shot. Talk to your doctor.

Get vaccinated to protect yourself and your baby.

www.cdc.gov/flu/protect/vaccine/pregnant.htm

