It’s not too late! Get your flu vaccine.

As long as flu viruses are circulating, it’s not too late to get vaccinated.

A yearly flu vaccine is recommended for everyone 6 months and older.

Vaccination is especially important for protecting people at high risk of serious flu complications, including:

• young children
• pregnant women
• adults 65 years and older
• anyone with chronic health conditions like asthma, diabetes, or heart disease.

National Influenza Vaccination Week (NIVW)
December 1-7, 2019
www.cdc.gov/flu/nivw

#FIGHTFLU

Centers for Disease Control and Prevention
National Center for Immunization and Respiratory Diseases