Flu is different from a common cold. Flu usually comes on suddenly, and in general symptoms are more intense compared to the common cold.

If you think you may have flu tell your supervisor and stay home from work.

All employees should stay home if they are sick. CDC recommends that you stay home for at least 24 hours after your fever (100 degrees Fahrenheit or 37.8 degrees Celsius) is gone. Your fever should be gone without the need to use a fever-reducing medicine. If you have flu without a fever, you should stay home at least 4-5 days after the start of your symptoms.

For more information visit [www.cdc.gov/flu](http://www.cdc.gov/flu)