How to use this Fotonovela

The fotonovela Un amor perdido (A Lost Love) brought to you by the US Department of Health and Human Services is a tool to help facilitate a discussion on the importance of influenza vaccination among pregnant women. The fotonovela uses a dramatic story format that helps provoke thoughtful interaction for the readers.

For additional immunization resources please visit:

http://www.cdc.gov/flu
or call CDC at 1-800-232-4636
Hola Dolores.

We’re here for my check up and sonogram with Dr. Guerra.

Hola Mónica.

You look muy bella and you’re always on time.

Gracias. My family is well. You can only imagine with this being our first baby… Mama calls me every day to see how I am doing.

Take a seat. Dr. Guerra will be right with you.

You’re going to have a girl!

Mira Jorge, our baby is moving! Dr., does our baby look healthy? Is it a boy or a girl?

You’re going to have a girl!

Bueno! She and Nadia will be the best soccer players in the world!

Oh, que bueno, a parking space right in front.

Anamaria, que bonita te ves. ¿Como esta tu familia?

Oh, it’s my turn to go in… Take good care, un beso.

Mira, our neighbor Anamaria. I guess she has an appointment today, too.

Oh, que bueno, a parking space right in front.

Mónica, be careful!

Hay, Mónica… Are you okay?

You worried about our Nadia too, and she was born perfectly healthy.

I’m nervous. Today is the sonogram. I want our baby to be healthy.

Today is the sonogram. I want our baby to be healthy.

You worried about our Nadia too, and she was born perfectly healthy.

Mona, you’re always on time.

Anamaria. I guess she has an appointment today, too.

You’re going to have a girl!

Bueno! She and Nadia will be the best soccer players in the world!

Oh, it’s my turn to go in… Take good care, un beso.

Mónica, you’re always on time.

You’re going to have a girl!

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Bueno! She and Nadia will be the best soccer players in the world!
Mónica. Everything looks good.

Mira Jorge, our baby is moving! Dr., does our baby look healthy? Is it a boy or a girl?

You’re going to have a girl!

You and your baby are in good health. Let’s keep it that way. Don’t forget to get vaccinated against the flu this season because pregnant women are more likely to become seriously ill with the flu.

But, I’ve never needed a flu shot...

Mónica, everyone in the family needs to be vaccinated against the flu, even little Nadia. If everyone in the family gets vaccinated you will also be protecting your newborn baby as well.

Thank you Dr. Guerra. We always follow your advice.

Are you sure there are no side effects with the flu shot? I keep hearing…

Don’t worry. The flu shot is safe. It has been used for more than 50 years – Millions of people, including pregnant women and children, have been safely vaccinated.

Bueno! She and Nadia will be the best soccer players in the world!
TWO DAYS LATER...

Jorge, I am still worried about getting the flu shot.

Pero, Dr. Guerra told us that you would even be protecting our new baby if we all got vaccinated...

Si... pero, I am healthy and feel great. I have never needed the flu vaccine in the past.

But we always follow Dr. Guerra’s advice. Think about that.

FOUR WEEKS LATER...

Nadia, soon you will have a beautiful sister.

My only wish is for our girls to be blessed with felicidad, salud y amor.

Speaking of health, you have been coughing a lot lately. Do you want me to make you some tea? You need to get to bed.
TWO DAYS LATER...

THE NEXT MORNING...

Good morning amor. I heard you coughing all night. How are you feeling? Do you have a fever?

I'll be alright. I need to...

No. Please stay in bed and get some rest. I'll call your mom to pick up Nadia. I'll call you later to see how you are doing.

LATER IN THE DAY...

Jorge, I feel very sick. I think I have a fever... I can't... Ahhhh... Please come.

Mónica, I will be right there... Mónica... Mónica!

ON THE WAY TO HOSPITAL...

Emergency
Dr. Guerra, What is happening? Are my wife and baby all right?

Jorge, I am very sorry to tell you that Mónica is worse than we expected. We need to monitor her very closely. By the way, when did she get her flu shot?

I am afraid she didn't.

I love you too. What about the baby? Will she be okay?

Bring what, mi amor? Tell me, qué quieres?

Mónica? I love you. The doctors will help you feel better soon, okay. Dr. Guerra said that you have a serious case of the flu. Amor, I'm here...

A priest! Mónica... No, no... You will be okay?

Jorge, if something happens... take good care of Nadia. Tell her... tell her that her mommy loves her very much.
r. Guerra, What is happening?

Jorge, I am very sorry to tell you that Mónica is worse than we expect. We need to monitor her very closely.

By the way, when did she get her flu shot?

I am afraid she didn’t.

I love you too.

What about the baby? Will she be okay?

A priest!? Mónica…

Jorge. If something happens… take good care of Nadia. Tell her…

Amor, I’m here…

Dr. Guerra said that you have a serious case of the flu.

Your mommy wanted us to take good care of each other. So tomorrow we are going to get a flu vaccine together.

Will it make mommy happy?

I love you Papi. I love mommy, too.

Oh, yes. Very happy and proud of her big girl.

Papi will always protect you. Mommy will always be with us in spirit.

I love you Papi.

ONE YEAR LATER...

Will it make mommy happy?

I love you Papi. I love mommy, too.

Oh, yes. Very happy and proud of her big girl.

Papi will always protect you. Mommy will always be with us in spirit.

Your mommy wanted us to take good care of each other. So tomorrow we are going to get a flu vaccine together.

I love you Papi.

based on a true story
• Getting a flu vaccine is the first and most important step in protecting against flu
• Getting a flu shot is a safe way for pregnant women to prevent possible flu-related complications
• Flu is more likely to cause severe illness in pregnant women than in women who are not pregnant
• Changes in the immune system, heart, and lungs during pregnancy make pregnant women more prone to severe illness from flu as well as hospitalization and even death
• Millions of pregnant women have safely received flu shots for many years
• A flu shot during pregnancy protects both mom and baby (up to 6 months of age) from flu