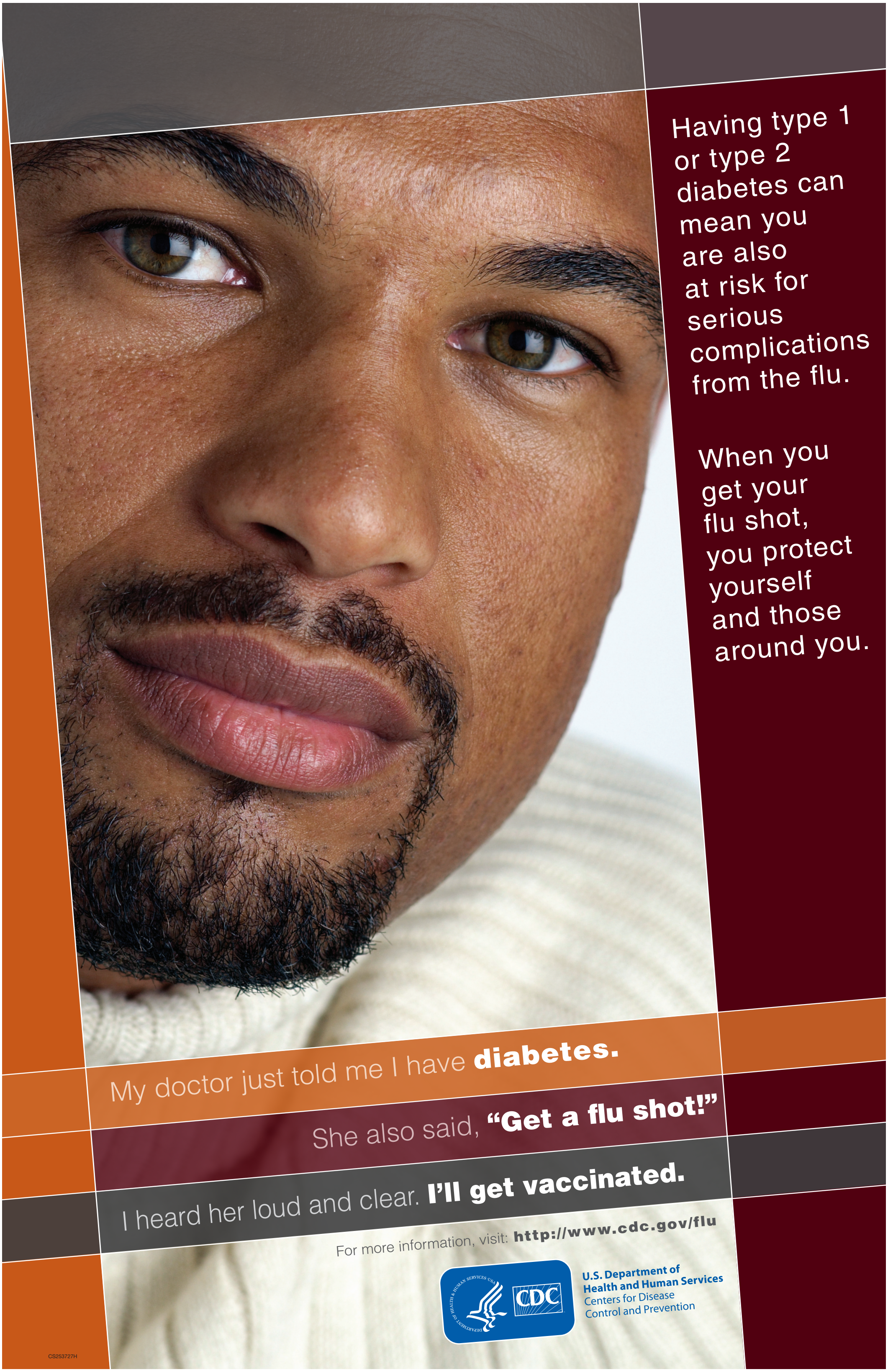

Having type 1 or type 2 diabetes can mean you are also at risk for serious complications from the flu.

When you get your flu shot, you protect yourself and those around you.

My doctor just told me I have **diabetes.**

She also said, **“Get a flu shot!”**

I heard her loud and clear. **I’ll get vaccinated.**

For more information, visit: **http://www.cdc.gov/flu**

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

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