

Even healthy kids of any age can get seriously sick from the flu, and they can spread it to family, friends and others.

Everyone 6 months of age and older should get a flu vaccine every year.

**Get your kids vaccinated—call their doctor, nurse or clinic.**



**Spread popcorn. Not flu.**

THE FLU ENDS WITH 

For more information, visit <http://www.flu.gov>



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention