The flu is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. It can cause mild to severe illness and, at times, can lead to death. Everyone is different, and the risk of flu infection is highest for certain groups of people.

- Can keep you from getting sick with flu
- Can reduce the risk of flu-associated hospitalizations, including among children and elderly adults
- Are very important for people with chronic health conditions like diabetes and heart and lung disease
- Help protect both pregnant women and their babies for several months after birth from the flu
- May make your illness milder if you do get sick

Each year, CDC reports the number of flu illnesses, medical visits, and hospitalizations prevented by flu vaccination. During the 2015-2016 flu season:

- The estimated number of flu illnesses that were prevented by flu vaccination = 5.1 million.
  Equal to the population of Denver, Colorado.
- The estimated number of flu medical visits that were prevented by flu vaccination = 2.5 million.
  Equal to the population of Portland, Oregon.
- The estimated number of flu hospitalizations that were prevented by flu vaccination = 71,000.
  Enough people to fill every registered hospital bed in the state of Texas.

Everyone 6 months and older should get a flu vaccine each year. Flu vaccines...

#FIGHT FLU
For more information visit: https://www.cdc.gov/flu/protect/keyfacts.htm

Centers for Disease Control and Prevention
National Center for Immunization and Respiratory Diseases

http://vaccinefinder.org/