

# Children should get the 2009 H1N1 flu vaccine



Most children who get 2009 H1N1 flu feel better within a week. Other children get very sick. Some even have a hospital stay, and some die. Children who get vaccinated are less likely to get the flu.



The flu can make some health problems worse. For example, children with asthma may have asthma attacks while they have the flu.



Be sure to let your doctor know if your child has an allergy to eggs, other severe allergies, or a medical condition.



The 2009 H1N1 vaccine is made the same way as seasonal flu vaccines. Millions of seasonal flu vaccines have been given safely. Millions of people have also safely received the 2009 H1N1 vaccine.



The 2009 H1N1 flu vaccine is given in two ways. Most children 6 months and older can get the shot. Most healthy children age 2 years and older can get the nasal spray. Children under 6 months of age are too young for the nasal spray or the shot.

For more information call **1-800-CDC-INFO** or visit **www.flu.gov**