**Nutrition Boy** grows corn, tomatoes, and carrots in his garden.

**Energy Girl** does many things to stay active every day.

**Hygiene Boy** washes his hands after petting animals to help fight germs.

**Safety Girl** says to sit up straight with a seat belt on to help keep you safe in the car. She also says to put toys away after play time to help keep you and others from tripping over them and getting hurt.