

**APPLYING CDC'S GUIDELINES FOR PRESCRIBING OPIOIDS: MODULE 6- DOSING AND  
TITRATION OF OPIOIDS HOW MUCH, HOW LONG, AND HOW AND WHEN TO STOP?  
WB2861**

**PROGRAM DESCRIPTION:** This module will outline the CDC recommended options for dosing and titrating opioids and give practitioners the opportunity to review recent evidence regarding the benefits and harms of opioid therapy; explore methods for safely prescribing, titrating, tapering, or discontinuing opioid therapy; and review best practices for evaluating continued use of opioids in collaboration with patients.

**OBJECTIVES:**

At the conclusion of the session, the participant will be able to:

1. Describe the evidence for the association between opioid dosage and opioid therapy benefits and harms.
2. Compare and contrast immediate-release (IR) and extended-release/long-acting (ER/LA) opioid formulations.
3. Calculate morphine milligram equivalent (MME) dosage from prescription information.
4. Describe best practices for initiating and evaluating continued opioid therapy.
5. Describe methods for titrating opioid dosages.
6. Identify best practices for opioid tapering and discontinuation.
7. Describe special considerations for medications with unpredictable pharmacokinetics and pharmacodynamics (e.g., methadone, transdermal fentanyl).

**Faculty/Credentials:**

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**ORIGINATION DATE** September 6, 2018

**RENEWAL DATE:** September 6, 2020

**EXPIRATION DATE:** September 6, 2022

**URL:** <https://www.cdc.gov/drugoverdose/training/dosing/>

**HARDWARE/SOFTWARE:** Computer Hardware; Internet connection;  
Browser

**MATERIALS:** None

**TARGET AUDIENCE:** Physicians, Registered Nurses, Other professionals

**PREREQUISITES:** None

**FORMAT:** This module is a web-based training.

**CONTACT INFORMATION:** Division of Unintentional Injury Prevention, NCIPC, CDC, 800-CDC-INFO (800-232-4636)

**ACCREDITATION STATEMENTS:**



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### **Instructions for Obtaining Continuing Education (CE)**

In order to receive continuing education (CE) for WB2861- Applying CDC's Guidelines for Prescribing Opioids: Module 6- Dosing and Titration of Opioid: How much, how Long, and How and When to Stop? please visit [TCEO](#) and follow these [9 Simple Steps](#) before 9/06/2022.

Complete the activity

Complete the Evaluation at [www.cdc.gov/GetCE](http://www.cdc.gov/GetCE)

Pass the posttest at 80% at [www.cdc.gov/GetCE](http://www.cdc.gov/GetCE)

**FEES:** No fees are charged for CDC's CE activities.