

# Applying CDC's Guideline for Prescribing Opioids: Module 2: Treating Chronic Pain without Opioids

**WB2859**

**PROGRAM DESCRIPTION:** This module will look at the CDC recommended options for treating chronic pain without opioids. You will have the opportunity to examine the benefits and expected outcomes of prescribing nonopioid medications and nonpharmacologic treatments to your patients.

Please refer to the *CDC Guideline for Prescribing Opioids for Chronic Pain* for additional information as needed during this training.

## **OBJECTIVES:**

At the conclusion of the session, the participant will be able to:

- 1) Recognize that nonopioid medications and nonpharmacologic treatments are the preferred methods for treating chronic pain
- 2) Describe communication techniques that facilitate a patient-centered approach to manage chronic pain
- 3) Describe risks and benefits of first-line treatments for chronic pain
- 4) Identify nonopioid medications for various types of chronic pain
- 5) Identify nonpharmacologic treatment options for various types of chronic pain

## **FACULTY/CREDENTIALS:**

Deborah Dowell, MD, MPH

Senior Medical Advisor, Division of Unintentional Injury Prevention

Centers for Disease Control (CDC), National Center for Injury Prevention and Control (NCIPC), Office of Noncommunicable Diseases, Injury and Environmental Health (ONDIEH)

**ORIGINATION DATE**

August 4, 2017

**RENEWAL DATE:**

August 4, 2019

**EXPIRATION DATE:**

August 4, 2021

**URL:**

<https://www.cdc.gov/drugoverdose/training/nonopioid/index.html>

**HARDWARE/SOFTWARE:** Computer Hardware; Internet connection;  
Browser

**MATERIALS:** None

**TARGET AUDIENCE:** Physicians, Registered Nurses, Other  
Professionals

**PREREQUISITES:** None

**FORMAT:** These modules are web-based training

**CONTACT INFORMATION:**

Division of Unintentional Injury Prevention, NCIPC, CDC, 800-CDC-INFO (800-232-4636)

**ACCREDITATION STATEMENTS:**

**CME:** The Centers for Disease Control and Prevention is accredited by the Accreditation Council for Continuing Medical Education (ACCME®) to provide continuing medical education for physicians.

The Centers for Disease Control and Prevention designates this **enduring material** for a maximum of **0.75 AMA PRA Category 1 Credits™**. Physicians *should claim only the credit commensurate with the extent* of their participation in the activity.

**CNE:** The Centers for Disease Control and Prevention is accredited as a provider of Continuing Nursing Education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity provides **0.6** contact hours.

**CEU:** The Centers for Disease Control and Prevention is authorized by IACET to offer **0.1** CEU's for this program.

**DISCLOSURE:** In compliance with continuing education requirements, all presenters must disclose any financial or other associations with the manufacturers of commercial products, suppliers of commercial services, or commercial supporters as well as any use of unlabeled product(s) or product(s) under investigational use.

CDC, our planners, content experts, and their spouses/partners wish to disclose they have no financial interests or other relationships with the manufacturers of commercial products, suppliers of commercial services, or commercial supporters. Planners have reviewed content to ensure there is no bias.

Content will not include any discussion of the unlabeled use of a product or a product under investigational use.

CDC did not accept commercial support for this continuing education activity.

## **Instructions for Obtaining Continuing Education (CE)**

In order to receive continuing education (CE) for WB2859-Applying CDC's Guideline for Prescribing Opioids: Module 2: Treating Chronic Pain without Opioids from CDC please visit [TCEO](#) and follow these [9 Simple Steps](#) before August 4, 2021

Complete the activity

Complete the Evaluation at [www.cdc.gov/GetCE](http://www.cdc.gov/GetCE)

Pass the posttest at **80%** at [www.cdc.gov/GetCE](http://www.cdc.gov/GetCE)

**FEES:** No fees are charged for CDC's CE activities.