

# Applying CDC's Guideline for Prescribing Opioids: Module 10: Motivational Interviewing

**WB2957**

**PROGRAM DESCRIPTION:** The goal of this training is to provide an overview of the motivational interviewing technique and how it can be best applied in a clinical setting where patients are suffering from chronic pain. This module will either introduce practitioners to the concept of motivational interviewing in a clinical setting or add to their understanding of its application through the use of various tools and learning scenarios. Participants will be guided to consider how best practices in patient-provider communication can be applied to their profession.

Please refer to the *CDC Guideline for Prescribing Opioids for Chronic Pain* for additional information as needed during this training.

## **OBJECTIVES:**

At the conclusion of the session, the participant will be able to:

- 1) Identify the core components of the motivational interview (MI) clinical method
- 2) Explain how MI can be applied to the management and treatment of chronic pain
- 3) Recognize how eliciting and encouraging change talk can invoke a continued commitment to beneficial changes for chronic pain patients
- 4) Identify patient-centered communication practices that encourage collaboration, evoke patients' internal motivation for change, and honor patient autonomy

## **FACULTY/ CREDENTIALS:**

Christina A. Mikosz, MD, MPH

Medical Officer, Division of Unintentional Injury Prevention

National Center for Injury Prevention and Control (NCIPC), Centers for Disease Control (CDC), Office of Noncommunicable Diseases, Injury and Environmental Health (ONDIEH)

**ORIGINATION DATE**

December 28, 2018

**RENEWAL DATE:**

**EXPIRATION DATE:**

December 28, 2020

**URL:** <http://www.cdc.gov/drugoverdose/training/motivational-interviewing>

**HARDWARE/SOFTWARE:** Computer Hardware; Internet connection;  
Browser

**MATERIALS:** None

**TARGET AUDIENCE:** Physicians, Registered Nurses, Other Professionals

**PREREQUISITES:** None

**FORMAT:** These modules are web-based training

**CONTACT INFORMATION:** Division of Unintentional Injury Prevention, NCIPC, CDC,  
800-CDC-INFO (800-232-4636)

#### **ACCREDITATION STATEMENTS:**

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This activity provides **0.9** contact hours.

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### **INSTRUCTIONS FOR OBTAINING CONTINUING EDUCATION (CE):**

In order to receive continuing education (CE) for WB2957 Applying CDC's Guideline for Prescribing Opioids: Module 10: Motivational Interviewing please visit [TCEO](#) and follow these [9 Simple Steps](#) before 12/28/2020

Complete the activity

Complete the Evaluation at [www.cdc.gov/TCEOnline](http://www.cdc.gov/TCEOnline)

Pass the posttest at 80% at [www.cdc.gov/TCEOnline](http://www.cdc.gov/TCEOnline)

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